



# ROBINA STATE HIGH SCHOOL

Respectful Responsible Resilient Ready To Learn

*Our Netball Academy prepares athletes for their progression through Netball Australia's pathway.*

# Netball Academy

ROBINA SPORTS ACADEMY

Respectful Responsible Resilient Ready To Learn

## SPORTS ACADEMY OVERVIEW

Robina Sports Academy has been created to deliver our student-athletes the opportunity to achieve at the highest level in their chosen sporting domain while striving for a quality education. Through the guidance of our experienced staff, expert coaching panel and outstanding training facilities, Robina State High School students are afforded the occasion to succeed in all facets of their schooling. Our vision is to cultivate a cutting edge sporting institution where high performance and success are demonstrated across all aspects of each student-athletes' growth at Robina State High School.

**DANIEL NORTON-SMITH**  
SPORTS ACADEMY DIRECTOR

The Robina Sports Academy aims to support promising athletes to reach their fullest potential. Our Sports Academy programs have been developed specifically to support students to stretch their athletic abilities. The programs are designed to support participants being linked with peers who share the same goals and priorities. Our Sports Academy programs are supported with a handpicked teaching team and external coaching staff committed to personalised delivery. Ongoing partnerships with industry professionals create a unique high performance environment for students. Each program also has close links to local, state and national associations and Universities that ensure that the Academy experience at Robina State High School goes beyond the boundaries of the school.

**BEN WEEKS**  
PRINCIPAL

## SCHOLARSHIPS

The school will grant some scholarships for Year Six students upon entry into the Sports Academy Programs. Scholarships are by written application and winners will be presented with their scholarship at their own school graduation. The scholarship is for the year of entry only and may be a part or full scholarship to contribute to the Student Resource Scheme.



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A SIGNATURE SPORT PROGRAM OF  
ROBINA STATE HIGH SCHOOL



## OUR NETBALL ACADEMY PREPARES ATHLETES FOR THEIR PROGRESSION THROUGH THE NETBALL AUSTRALIA PATHWAY

The Netball Academy at Robina State High School is our fastest growing program. The advancements that have been made in recent years see it as one of the elite Netball Academies across Queensland.

### VISION

The improvements in our netballers and the successes they have achieved in recent years are attributed to the Robina State High School Netball Academy and the hard work our players and coaches put into all sessions. Our goal is to create a positive environment that fosters active and healthy lifestyles with a group of passionate students who are striving to succeed.

Our Netball Academy prepares athletes for their progression through the Netball Australia pathway, and provides them with the greatest opportunity to compete to the best of their ability at an advanced or development level. Our program is designed to assist individual development, ensuring that all athletes have an opportunity to advance through the sport.

The emphasis of the Robina State High School Netball Academy is to develop skills, physicality and game sense, along with creating a well-educated, mentally strong athlete. Our aim is to develop knowledge and understanding of the game in line with Netball Queensland and Netball Australia.

### LESSON DESIGN

Students in the Netball Academy have four training sessions per week, two on the court and one conditioning session involving a range of skills and drills to enhance each individual student's

participate in theory sessions which look at game strategies and other related elements such as nutrition, injury management and prevention and sports psychology. These sessions are extremely important to ensure students receive a holistic approach to the game of netball developing their abilities and knowledge both on and off the court. Students also participate in practice games against other schools and work with specialist coaches.

The Netball Academy has been designed to meet the needs of each participant and incorporate the following components:

1. Technical ability and skill acquisition sessions
2. Tactical knowledge and execution
3. Strength and conditioning

### COMPETITIONS

Robina State High School's Netball Academy students compete in our Interschool Sport Cluster Days. Our students also compete in the Vicki Wilson Cup. This competition is run by Netball Queensland, sponsored by The University of Queensland and endorsed by Queensland School Sport as the premier netball competition for high schools



across all of Queensland. Participation in these competitions may also involve the opportunity for students to travel locally and interstate.

Our Netball Academy students are also encouraged to perform highly at an individual level with players being selected in representative teams at district, regional and state level in both school and club competitions.

### SEE WEBSITE TO APPLY

<https://robinashs.eq.edu.au/curriculum/specialist-programs>



*(Above) Robina Netball Academy student at the 2019 Indoor National Netball Championships representing Queensland Infernos who took out the Gold Medal.*

### APPLICATION PROCESS

*Acceptance into the Robina State High Netball Academy program is dependent upon a student's ability to meet the following criteria:*

- 1. Applicants must be of an acceptable playing standard and be prepared to reach their potential with hard work and dedication.*
- 2. Proven netball skill and ability (must be playing in at least a club competition of high standard for their age)*
- 3. Commitment to complete all sessions as required by the coach.*
- 4. Ability to work with others.*

*\*Additional fees apply to the Netball Academy Program*