PRINCIPAL’S REPORT

QSchools

Have you downloaded the latest QSchools app yet? New features of the Department’s QSchools mobile app have been released, including an exciting push notification feature which offers a direct communication channel from the school. The app also allows you to view the latest school newsletter, news and calendar items. I will be trialling push notifications from next week.

To be able to receive important messages instantly to your mobile device (push notifications):

1. Download the QSchools app from your app store. (http://deta.qld.gov.au/about/app/qschools-app.html)
2. If you already have the app, please ensure it is up-to-date, as out-dated versions will not receive notifications.
3. Make sure you have favoured Robina State High School.

Why Bring Your Own Device (BYOx):

As computers have become cheaper, smaller, more mobile and more powerful, we recognise that the current model of computer delivery will not provide the level of flexibility and student advantage that BYOx (Bring your own device) can deliver. We are seeing a dramatic increase in students having a personal device that they want to be able utilize as a tool to assist in enhancing their learning.

The reality is that web-based tools and resources have changed the landscape of learning. Students now have at their fingertips unlimited access to digital content, resources, experts, databases and communities of interest. By effectively leveraging such resources, we not only have the opportunity to deepen student learning, but we can also develop digital literacy, fluency and citizenship in students that will prepare them for the high tech world in which they will live, learn and work.

Connecting to the network

Students planning on bringing their own device to school as a tool to assist in their learning must complete an application form available through Mr Wood in the Resource Centre. The application will be reviewed to ensure the device will comply with minimum specifications and be capable of connecting to the school network. On approval an appropriate time/date for connection to the network will be scheduled.

Student responsibilities

Students completing the application form agree to abide by the student ICT acceptable use policy (refer to student organiser) when using the device. Supervising persons may take whatever disciplinary action they deem necessary to ensure the safety, wellbeing and successful conduct of the students as a group or individual when using the device. It is the students’ responsibility to ensure the device is backed up appropriately, has an appropriate level of anti-virus where applicable and brings the device to school fully charged. The Department of Education, Training and the Arts does not have insurance cover for student’s personal devices so ensure an appropriate level of personal insurance is considered.
A detailed information booklet will be posted to the website within the next fortnight that will answer the majority of questions people may have. This may be of particular interests to families who are looking at purchasing a device over the Christmas break. Any further enquiries please don’t hesitate to contact our Head of Information Technology, Nick Wood (nwood32@eq.edu.au).

**Farewell Year 12s**

Our Year 12 students are nearly at the end of their high school with only weeks to go. It is a busy yet exciting time with final assessment and a host of end of year events including the Graduation and Formal. We appreciate the support of families in helping us keep students focused in these final weeks so that they can finish up positively and on a high note.

**Introducing our new staff for 2015**

With increasing numbers and a new cohort being welcomed in 2015, Robina State High School is delighted to introduce the following staff who will be joining us next year.

**Gill Forder - Junior Secondary team**

Mrs Gill Forder immigrated to Australia from Zimbabwe in 1991 with her husband and 3 children. She became an Australian citizen a few years later. Gill has a Bachelor of Social Science from South Africa and a Postgraduate Teaching Diploma from the Gold Coast’s Griffith University. She has been a teacher at Mudgeeraba State School since 1995. Over the last 10 years, she has focused on teaching Year 7 and has enjoyed working with the student leaders to organise a variety of programs for the younger students in the school. She has been involved in Interschool Sport for many years, coaching baseball, soccer, futsal and touch football at various times. Over the years that Gill has lived in the area, she has also been involved in the Mudgeeraba Community through the Mudgeeraba Soccer Club and the Scouting Movement.

At Mudgeeraba State School Gill has been actively involved in the transition process of students going to high school. Her own children went to Mudgeeraba SS and then attended Robina SHS, so she is familiar with its culture and traditions. Gill says that she is thoroughly looking forward to joining our teaching staff in 2015.

**Mitchell Roe – Junior Soccer/Futsal Coordinator**

Our Soccer/Futsal Program of Excellence continues to flourish. To support its significant growth, in 2015 we will welcome Mitchell Roe to the Junior Soccer/Futsal Coordination Position. Alex Morrison will now focus on the Senior (Yrs 10-12) program.

Mitchell Roe grew up in Cessnock, near Newcastle, NSW. After Year 12, he attended University at Avondale College. From a young age, he played representative Soccer for Northern NSW. After University he become involved in Triathlons, which later led to Ironman events. He has travelled around the world including, North and South America, UK, Europe, Bali, Fiji and the Cook Islands.

**Soccer History:**

- 2010 Northern NSW 1st Grade Minor and Major Premiers (Maitland FC)
- 2004 – 2010 Northern NSW Reserve 1st Grade (Maitland FC)
- 2003 Northern NSW 1st Grade (Weslon)

**Other Sporting History:**

**Ms Tomoko Nakanishi – Junior Secondary Language**

Tomoko Nakanishi is currently at Arundel SS. I am a keen sailor who has travelled around the world competing in various sailing regattas. I found Australia a great place to sail and made a shift from Japan to Australia in 2006. I still enjoy my weekly sailing and my goal this year is to sail in the Sydney to Hobart.

Back home, I worked as an English teacher and now I enjoy the privilege to teach Japanese to Australian children. As much as I enjoy teaching the language, I enjoy learning foreign languages. My favourite quote as a language teacher is by Nelson Mandela; ‘If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart’. I hope to pass on my passion and my joy of speaking in second and third languages to as many students as I can.

I look forward to meeting you all and working as a part of the team at Robina SHS!

**Ms Tina Maund – Junior Secondary Team**

Tina Maund is a Mudgeeraba local. She was appointed to Mudgeeraba State Primary School in 1994. She enjoys many aspects of the curriculum, especially Science and Maths. Tina taught at Mudgeeraba State Primary School for 17 years and since the start of her teaching career, has had a passion for coaching and refereeing sports like Rugby League and Touch Footy. Four years ago, she was appointed to Elanora State Primary School and continued teaching in the Upper School Year levels.

For the last 14 years, she has been the South District Touch Coach for the 12yr old boys and Manager of Zone 4 U12 Gold Coast Primary Schools Rugby League teams for 6 years. She is also the Secretary of the Gold Coast Primary Schools Rugby League Association. She is excited and looking forward to joining the team at Robina High and working with new and past students in 2015 and beyond.

**Mr Luke Markwick – Junior Secondary Team**

Luke Markwick has been teaching for 12 Years in primary schools, the majority of the time in the upper School. Prior to teaching at Benowa State School, Luke was at Mudgeeraba Creek SS for ten years. He enjoys sports in general, but particularly soccer, hockey, touch football and anything else that involves lots of running around. He is also very active in Touch Football within the South East QLD region. His Interests in music and movies are assorted but a great comedy is always welcomed. He is originally from Bathurst in NSW (Go the Blues) and moved to QLD at the completion of his Blues) and moved to QLD at the completion of his University degree. Luke loves the Gold Coast particularly the weather and has two children both of whom attend Mudgeeraba Creek State School. Luke is enthusiastic about taking on the new challenges associated with High School and can’t wait for 2015.

There will be additional staffing news in coming weeks and we will keep you posted as it comes in.
Along with set tasks and assignment preparation, please encourage them to complete at least one of the following each night:

- Write down 4 things they learnt during the day
- Reading a magazine / book
- Times tables
- Spelling
- Talk about current affairs with your child
- Organise their bags for the next day
- Make sure they have the correct equipment
- Ask them if they are prepared for their classes the next day

Working together creates successful outcomes.

**Finance News**

**2015 Year 12 Jerseys and Camp**

Friendly Reminder:

Year 11 students with outstanding fees will not be eligible to order a 2015 Year 12 Jersey or participate in Year 12 camp or other excursions.

A reminder that the final payment for those attending the 2015 Year 12 Camp is due in full on Thursday 13th of November 2014. No part payments or payment plans are permitted.

**Student Resource Scheme**

Please return signed paperwork and consent form with payment. If you choose not to participate in the scheme, signed paperwork for this choice must also be returned to the Finance Window.

If you wish to go on a payment plan, the amounts and dates are listed on your Student Resource Scheme agreement with the first payment being due on 17/11/2014.

Centrepay option is also available with the minimum fortnightly amount being $35. Please return the completed Centrepay form and return it with your Student Resource Scheme agreement and consent form to the Finance Window as soon as possible.

**Finance Window Hours**

The Finance window will be open Mondays, Wednesdays and Thursdays from 7.45am to 2.00pm.

Internet Payments can be made 24 hours a day 7 days a week.

Schools bank Details are: BSB: 064-468 and Account Number is: 1001 9041.

**Please Note:**

*The Finance Window will close on Friday 28th November 2014. No monies will be taken in the last 2 weeks of Term 4. If your child has any paid activity happening in these 2 weeks, payment will need to be made by Wednesday 26th November. Internet payments can still be made 24 hours a day 7 days a week.*
This is to allow for the 2014 end of year processes to occur. The Finance Window will re-open in 2015 during the final week of the school holidays for the hours listed below:

Monday 19th January 2015 – 9.00am to 2.00pm
Tuesday 20th January 2015 - 9.00am to 2.00pm
Wednesday 21st January 2015 - 9.00am to 2.00pm
Thursday 22nd January 2015 - 9.00am to 2.00pm
Friday 23rd January 2015 - 9.00am to 12.00pm (Closing early this day only)

Senior Secondary News – Leonie MacKenzie

YEAR 12

Important Dates:

- **Shutdown Exams**: Monday 10 November – Thursday 13 November 2014. Shutdown Timetable
- **Academic Awards Night**: Monday 17 November, 6:30 for 7pm start, Robina SHS Student Activity Centre.
- **Year 12 Graduation**: Tuesday 18 November, 6:00 for 6:30pm start, Robina SHS Student Activity Centre.
- **Year 12 Final Assembly**: Wednesday 19 November, 9:00am, Robina SHS Student Activity Centre.
- **Year 12 Walkout**: Wednesday 19 November, 9:35am Robina SHS.
- **Year 12 Formal**: Thursday 20 November, Gold Coast Arts Centre. Arrivals from 6:00- 7:00pm with formal concluding at 11pm.

At this time of year all Year 12s should be well underway with completing applications or arrangements for their post school pathway.

- **QTAC applications** should have been completed by 30th September. You are still about to apply at an increased fee of $130 until 10 Dec 2014.
- **Changes to preferences on QTAC application** can be made up until the 9th Dec 2014. Make sure your preferences are relevant to your predicted OP range.
- Students who do not meet course prerequisites should be looking at university bridging course OR/ and Associate Degrees as a way to articulate into a bachelor course.
- All senior students in Queensland have a **learning account** on the student connect website (see link below). Please check your personal details, enrolments and results ensuring that you change your email address from your school email to access your results post school. Your school email will be closed after graduation and you will not be able to access your account. You will need your **LUI number** to access this account. This number can be found on the back of your student ID card, otherwise please contact Student Pathways. Student Connect
- **QCS test results** will be released prior to Senior Certification in December. Students can access their individual results from 9am on Tuesday 18 November via their learning account on the student connect website. QCS test results will be confirmed on the Senior Statement that will be sent as part of their Senior Education Profile sent to them in December.
- **Final Year 12 results and OPs and FP’s** will be available from 9am on Saturday 20 December via their learning account on the student connect website. Students will receive their Senior Education Profiles in the mail from Monday 22 December 2014. Their profile will comprise of one or more of the following documents:
  - QCE
  - Tertiary Entrance Statement
  - Senior Statement
  - Queensland Certificate of Individual Achievement (QCIA)

**Good luck and all the best for your future!!**

Year 11

Important Dates:

- **Academic Awards Night**: Monday 17 November, 6:30 for 7pm start, Robina SHS Student Activity Centre.
- **Shutdown Exams**: Thursday 20 November – Tuesday 25 November 2014. Please note: Exams will be timetabled on Friday 21 November. Check your exam timetable for details.
- **Senior Subject Award Assembly**: Wednesday 26 November, 9:10am, Robina State High School Student Activity Centre.
- **Year 11 Finish School**: Thursday 27 November.

This is a reminder that:

- Students looking at **subject changes for next year** need to book an appointment with Mrs McDonald in the support house. It is our aim to ensure all subject changes for 2015 are completed by the end of Term 4.
- **QCS practice is coming up this term**, Thursday 13th November all Year 11 students who are OP eligible will be sitting a Multiple Choice practice session. This is a blind test that will be used as a benchmark of raw QCS data for this whole group. This will help us make more accurate OP predictions for you in 2015. It also helps us to see where the groups’ strengths and weaknesses are so we can refine your Year 12 QCS test programme.
- **Diploma of Business is still open for 2015**, Please see Mrs Allen or Miss Mackenzie in Student Pathways for application and any additional information.

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Year 10

Important Dates:

- Academic Awards Night: Monday 17 November, 6:30 for 7pm start, Robina SHS Student Activity Centre.
- Senior Subject Award Assembly: Wednesday 26 November, 9:10am, Robina State High School Student Activity Centre.
- Year 10 Finish School: Friday 28 November.

This is a reminder that:

- Diploma of Business is still open for 2015. Please see Mrs Allen or Miss Mackenzie in Student Pathways for application and any additional information.
- Diploma of Events is still open for 2015. Please see Mrs Allen or Miss Mackenzie in Student Pathways for application and any additional information.

DIPLOMA OF BUSINESS (Year 10 & 11) and
DIPLOMA OF EVENTS (Year 10 only) - enrolments are still open

These two fabulous opportunities will definitely run in 2015 in conjunction with Careers Australia. We are taking enrolments for either of these courses up until the end of Term 4. As a reminder a Diploma is a higher qualification than Year 12 and:

- Contributes 8 QCE credits
- Gives a Selection Rank of 82 which is the equivalent of an OP9
- Can be used as satisfying the university prerequisite for Authority English
- Can be used for up to 80 credits for many associated university degrees so takes the first year off that course (Advanced standing) It’s possible for a student to complete Year 12 with their Diploma and then complete a bachelor degree in two years. That makes the university course a lot less expensive.
- Can be studied by ANY student we believe is capable of meeting and maintaining the work load, no matter what courses they study at school
- Is MUCH cheaper at school than with a private provider or TAFE after school. (Thousands cheaper!)
- Can lead directly into higher paid employment

2015 Orientation Days

We were excited to welcome our 2015 Year 7 and 8 cohorts and their parents to our school for their Orientation Day’s in week 3 and 4. Orientation Day is an important step in ensuring a smooth transition from Primary to Secondary School. Students had the opportunity to participate in a wide variety of activities with the intent of ensuring students feel comfortable and adequately prepared for their first day of school in 2015. Students met many Robina SHS staff and had many opportunities to get to know their new peers in activities facilitated by our Junior Secondary Captains. Our incoming students also had the opportunity to take a variety of classes including; Industrial Technology & Design, where students used our laser cutters and 3D printers; In Science students studied the formation of polymers and produced their own high-bounce balls; In Business Education students explored the processes of product development. Students also participated in English, Mathematics, Music, Drama and Visual Art classes. It was fantastic to see our incoming Year 7 & 8 cohorts so enthused to begin their Secondary School careers. Students that were unable to attend these days should ensure that they collect their copy of the Orientation Day Booklet from our school’s reception desk.

Term 4 Merit Awards

Congratulations to the following students who were the top students in each of their year levels for merit points. They were each awarded a $20 Robina Town Centre Voucher. Students are awarded merit points for displaying behaviours that align with our three school rules “Respectful, Responsible and Ready to Learn”.

<table>
<thead>
<tr>
<th>Year 8</th>
<th>Year 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mitchell Griffiths</td>
<td>Zaid Fitzgerald</td>
</tr>
</tbody>
</table>
Year Leaders

Year 8 – Michael Vine

As part of the School Wide Positive Behaviour Support (SWPBS) program, classroom teachers award students merit points for being responsible, respectful or ready to learn. I use these merit points to award students a range of enticements from certificates to tuckshop vouchers. Twice a term during Junior Secondary assemblies all students are in the running for a $20 Robina Town centre voucher. This week’s big winner for topping the merit point tally was Mitchell Griffiths on 42 points. Well done Mitch. Because there is a very large group of students who are on similar points, ten are randomly drawn for an ice block. The lucky ten were; Cooper Bruggy, Tahlia Collins, Samuel-J Gallo, Tanya Quattro, Lizette Marr, Madison Martyr, Nifii Matthews, Alex Jankowski, Ben Moore-Carter and Gabriel Muresan. Well done all students for following the three school rules!

Year 9 – Tait Conditsis

Year 9 Avengers Displaying Positive Behaviour

Robina State High School opened its doors to students in 1996 and quickly became school of choice in the area due to its great reputation. Today the schools population has swelled to 1178. Of this there are 255 from year 9 Avengers. This equates to 22% of the student population. As year 9 coordinator every day I am lucky enough to see this student population making a difference in our school and local community, thus, creating influence through example. As Maxwell reinforces, “A leader is one who knows the way, goes the way, and shows the way.” Avengers, you are leaders and as our leaders light the school with your good examples of positive behaviour.

Each day we celebrate positive behaviour by awarding positive points in our classrooms, and each week we celebrate positive behaviour by awarding certificates to the students. Positive behaviour is not genetic nor is it innate, it is taught in our PROMOTE classrooms, reinforced in our teaching classrooms and is a consistent message given across our school by all our staff. This behaviour is learned and becomes habit.

Encourage your son or daughter to be more positive and display behaviour that will inspire change in others. “Be the change that you wish to see in the world.” (Mahatma Gandhi)

Congratulations to the following year 9 students for achieving positive feedback and being Respectful, Responsible and Ready to Learn!

Zaid Fitzgerald – 47 positive points
Josh Batey – 39 positive points
Hayley Stewart – 28 positive points
Elizabeth Huoth - 27 positive points

Year 10 – Matt James

At the time of writing this article, there is only 3 ½ weeks of school remaining for Year 10 students. During Term 4 various students are recognised for their achievements. The Sports Awards were held on Tuesday evening and congratulations to those who were recognised, in particular Anamya Berlowitz who had demonstrated incredible talent with her swimming exploits.

The following list recognises those students who have accumulated the most points for demonstrating appropriate behaviour in the classroom during Term 4. These points are allocated at the end of each lesson.

<table>
<thead>
<tr>
<th>Owain Orr</th>
<th>Rhannon Rogers</th>
<th>Tim Stack</th>
<th>Daryl Shepherd</th>
<th>Sheldon McInnes-Cooke</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tamara Bawden</td>
<td>Cassandra Bowler</td>
<td>Alex Edson</td>
<td>Olivia Guinea</td>
<td>Luke Holmes</td>
</tr>
<tr>
<td>Jasmine Lloyd</td>
<td>Deryan Roberts</td>
<td>Lukas Schmid</td>
<td>Jordy Cady</td>
<td>Breama Loddon-Jobson</td>
</tr>
<tr>
<td>Samuel Cox</td>
<td>Rhede Cunningham</td>
<td>Luke Seeney</td>
<td>Jackson Bennett</td>
<td>Brooke Freeman</td>
</tr>
</tbody>
</table>

Congratulations also to those Year 10 students who are being recognised at the awards ceremony on Monday 17th November.

This is an extremely busy time of the year for students finishing assessment. I would encourage all students to complete the academic programme to the best of their ability, regardless of what their plans are for next year. There are a number of pathways open for our Year 10s and I would like to take this opportunity to wish those who are leaving Robina High the best in whatever future endeavour they hope to pursue.

Year 11 – Todd Campbell

Our Manners and Etiquette program has drawn to a close with students designing a quiz for the school staff. We have had Administration, Heads of Department, Teachers, Office staff, Canteen staff and others test their knowledge. Ther have been some interesting and creative responses! Results will be published in the next newsletter as well as the quiz answers.

Test yourself on these tough quiz questions about eating.

Year 12 – Cath Harwood

Photos

I have been collating photos of our Year 12 cohort from the past five years to present in a video format for Graduation. I have now placed these photos on the school drive for students to access and have advised them to bring a USB or Flash Drive into school to copy the photos that they wish to keep. Once the video is completed I will also place that on the drive for them to copy to disc.

Friendship Pages

As their final act of giving back, the Year 12 students have been busy writing positive sentiments on each other’s ‘Friendship Pages’ which they will each receive at Graduation. It has been fantastic to see them getting so involved and enjoying the process of doing something nice for someone else. I did not anticipate how big
this would become and I am extremely proud of them all for embracing the concept.

Final Week - Important Dates

Year 12 Graduation – Tuesday 18/11/14
Year 12 Final Assembly/Walk Out – Wednesday 19/11/14
Year 12 Formal – Thursday 20/11/14

NB. The students have been informed of the consequence if they are involved in any disruptive behaviour or “muck-up” activities during their last week at school. It would be very upsetting for all if any student did not heed this warning. Please let’s finish the year on a positive and happy note.

Japanese

DR KIRWAN from Griffith University Talks to Senior Japanese Students about Tertiary Pathways

Many thanks to Mrs Gray for facilitating a meeting with Senior Japanese students and parents about Tertiary Options at Griffith University. The meeting was well attended and we were very grateful to Dr Kirwan, Professor of Languages and Linguistics Griffith University Gold Coast Campus for his excellent presentation about two sorts of Linguists, GUEST options and Japanese study and credit opportunities at Griffith Universities. We were surprised and excited to hear that Griffith University is one of many Universities in Australia that is probably going to make Asian Studies a compulsory element of EVERY degree! For students of Japanese that will be easy peasy Japaneasy!

We had a number of students and parents talk to us after the meeting saying that they were definitely applying to GU for the GUEST program now and were keen to follow up on ideas shared at the meeting.

It was also wonderful to hear two past students talk about their journey since high school.

Shawtima McLaughlan (Class of 2010) gained directly entry to Griffith University as a result of her GUEST studies. She has been focussing on science and in particular studying crayfish when suddenly this year she was asked to present her research to the world crayfish conference held in Japan in September. Shawtima said it was amazing how her Japanese came flooding back to her and how useful it was trying to help people translate during the conference.

Zoe Kirkland (Class of 2011) studied as a Bond Student for a semester and gained entry into Bond University. Zoe said that although she has been focussing on Accounting her Japanese studies helped her with study skills at University. Now she has finished her accounting degree but she finds it a bit dry and wants to get back to her real love – Japanese! So Zoe has applied to join the JET teaching program and will live and teach in Japan next year. A future job combining her Accounting skills and Japanese ability is her preferred future outcome. “You need to love your work because you do it at least 40 hours every week for many years” she said. Too true!

Mrs Gray and I love teaching Japanese at Robina High.

As promised below is a project that was presented by Robina SHS Dance Troupe and showcased their work during Danc’Ed in the Spotlight at the GCAC. This is an annual event that involves all schools in the Gold Coast region that offer Dance as part of the curriculum. Once again our students were fabulous ambassadors for our school and had a lot of fun watching and mixing with the other schools in a non-competitive environment. A very tiring but extremely rewarding day.

Student Success

Arts

Freya McLeod from year 12 is finishing her outstanding year in the Arts on a high. This year has seen Freya achieve a VHA result in three senior Arts subjects: Visual Art, Film and Television and also Photo Imaging. This week Robina State High received notice that Freya’s Experimental film has made the final cut in the BUFTA (Bond University Film and Television Awards). As one of eighteen finalists out of over one hundred and eighty entries from all over Australia, Freya is in the running for a highly prized full Bond University scholarship. The announcement tops a great year in Visual Arts for Freya who was also selected as a school representative in the Creative Generations Minister’s Art Awards. Freya’s skills in Photography and Digital Imaging have been instrumental in Robina High’s successful completion of the M1 mural project featuring historic images of pioneering women from our region. Freya hopes to continue her passion by studying film and visual arts at RMIT in Melbourne after completion of year twelve.
Sport News

Sport Awards

Major Award Winners
Junior Female Sports All Rounder.......... Jasmine Lloyd (yr 10)
Junior Male Sports All Rounder.......... Daniel Shannon (yr 9)
Senior Female Sports All Rounder......... Emma Ellis (yr12)
Senior Male Sports All Rounder.......... Peter Lyon (yr 11)

Sportsperson of the Year

Sportswoman of the Year.................. Eunice Kim (yr10)
Sportsman of the Year..................... Jye Deeble (yr 11)

House Captains for 2015

FRANKLIN: Matt Davis, Josh Buxton, Maddy Corfield, Sarah Bailey
HINZE: Duncan Harding, Sam Jones, Jack Johnson, Sarah-Lee Gurnick
GOODING: Jess Pomroy, Camilla Pedersen, Reid Parson, Olivia Munro
LAYER: Kate Sewell, Nikki Tansey, Kurt Sparke, Braydon Young

Baseball Academy – Daniel Norton-Smith

After the recent state championships many of our players are training with Queensland squads as they prepare for their national championships to be played in January 2015. Our coaching staff at school has got everyone training hard and their performances continue to develop.

Congratulations to year 8 student Tia Newton on her selection in the Queensland U/15 Female Baseball Team last week. Tia only came to Robina High at the start of term 3 and has already shown great improvement. Her selection is reward for the work she has done on the diamond and in the gym. Well done Tia!

In another highlight last week, 2012 graduate Corey Lyon made his debut in the Australian Baseball League. Corey was drafted to the Adelaide Bite recently and played his first game in Brisbane on Friday night against the Brisbane Bandits. Corey’s athleticism and outstanding ability was always at a very high level at school and now to make it in our National competition is a great achievement. We will continue to watch his progress over the coming years.

Futsal – Alex Morrison

All the futsal teams went to Toowoomba for the annual Chantelle Cramb Cup. All teams competed well and it was a massive day for all staff and students. The 15 boys won the tournament beating a very good Beenleigh side in the final. Yukiya was amazing in goals, and Ben Avery and Clay Galbrath scored goals for fun. The open boys led by Oskar Tycho and Tom Andersen got beat in the semi-finals by a great Harristown team. I would like to say a big thank you to Jessica Meehan, and Tolga who came with me on the day. Their contribution was invaluable.

School Based Traineeships/ Apprenticeships (SATs)

SATs allow students to do paid work for an employer and train towards a recognised qualification while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.


2015 Schools Program – Careers Australia

The Schools Program offers secondary school student in year 10, 11 and 12 the opportunity to attend Careers Australia 1 day per week over 1 year to complete a certificate.

Courses commencing February next year: (All suited for students in either Year 10, 11 & 12)

Certificate II in Kitchen Operations – Burleigh Campus Commencing Monday 2nd February 2015 (1 year program)
Certificate II Hospitality (Front of House) – Burleigh Campus Commencing Monday 2nd February 2015 (1 year program)
Certificate II in Automotive Servicing Technology – Burleigh Campus Commencing Tuesday 3rd February 2015 (1 year program)
Certificate II Electrotechnology (Career Start) – Nerang Campus Commencing Wednesday 4th February 2015 (1 year program)
Certificate I Engineering – Nerang Campus Commencing 5th February 2015 (1 year program)
Certificate I in Construction – Nerang Campus Commencing Friday 6th February 2015 (1 year program)

These programs are funded by the government and have nil costs. All materials required by the courses are inclusive and provided by Careers Australia including textbooks and safety gear where applicable.

See Student Pathways for an expression of interest and enrolment form.

Youth Health Nurse – Helen Dredge

Movember:

What’s it all about?…raising awareness of men’s health issues and using the moustache as a catalyst for bringing about
change and give men the confidence and opportunity to talk about their needs and health. Of course, you can also comment on their moustache and ask why they’re growing them.

Statistics show that, on average, men die at a younger age than women. The average life expectancy for men is five years less than women (presently 79.5 compared to 84). That said, despite trailing the women’s health movement, things are beginning to change, but much more progress needs to be made to close the gap between the state of men and women’s health. Established taboos and barriers relating to men’s health are gradually being broken down.

It’s interesting to compare the difference with how little boys and girls are raised. Often it seems ok for little girls to express their feelings and cry but for little boys, often from very young they are brought up to be tough, not to cry, not to complain and to be a man!”***

In Australia every hour, more than four men die from potentially preventable conditions in Australia. Statistically 1 in 8 Australian men (1.3 million) experiences depression at any given time. Men engage in risky activity that can threaten their health. Nearly two thirds of Australia’s population is overweight, with men more likely to be overweight or obese than women.

The reasons for the poor state of men’s health in Australia and around the world are numerous and complex and this is primarily due to a lack of awareness of the health issues men face. This can largely be attributed to the reluctance of men openly discussing the subject due to longstanding traditions, coupled with an ‘it’ll be alright’ attitude. Men are less likely to schedule doctors’ appointments when they feel ill or for an annual physical, thereby denying them the chance of early detection and effective treatment of common diseases.

What are you scared of?

As a rule, men still access health services less frequently than women and when they do visit the doctor, they typically present late, thereby denying themselves the chance of early detection and treatment of common diseases. Recent studies show that many men don’t get regular health checks because they:

- Fear it will lead to a hospital visit
- Embarrassed to discuss their health issues
- Find it too hard to see a doctor because they just can’t fit it into their schedule
- Just can’t be bothered making an appointment

We want everyone to know that all men aged over 50 and those over 40 with a family history of prostate cancer are at risk and should be tested annually. We want every man who is dealing with depression to know it is a disease for which they can and should seek help. We want men to know that they shouldn’t wait until they are sick to see a doctor, an annual general health check-up will be the best chance for catching things early and preventing complications and side effects. So live well and love the life that you have. There is always a way to choose to positively enhance and address your physical, emotional, mental and spiritual health. There is no time like this very moment. Every day is a new day!

The great news is that maintaining a healthy diet, smart lifestyle choices, being connected with others and getting regular medical check-ups and screening tests can dramatically influence your health.

**HAVE AN ANNUAL PHYSICAL.**

Find a doctor and make a yearly appointment each November for a general health check. Getting annual checkups, preventative screening tests, and immunisations are among the most important things you can do to stay healthy.

Adapted from . http://au.movember.com/mens-health

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**Surfside Bus Changes**

Robina SHS afternoon bus routes 3024 and 3025 will be affected by some service changes to the school bus network to prepare for the introduction of “Grade 7 to high school” in 2015.

Students’ notice(s) will be distributed to affected students on their school bus from 17 November 2014 to 28 November 2014.

The change(s) will be effective from Monday 1 December 2014.

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Defence Force Recruiting has moved to 14 Edgewater Court, Robina (approx. 200m North of Robina Town Centre Shopping Centre). The office is now fully assessment capable and any future candidates will not have to go through to Brisbane for final interviews. 13 19 01

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**Defence Jobs**

Discover Career Opportunities in the Australian Defence Force

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**Saver Plus**

Enrolment for Phase 5 is closing

Join Saver Plus before 31 December to avoid a fee of $550.

- health Care Incentive Card
- a $500 Giro disc

Contact Jasmin Dorrington your local Saver Plus Worker:
07 5536 5613 or 0417 485 477
jasmin.dorrington@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Gold Coast schools and surrounding areas by Brotherhood of St Laurence. Saver Plus is funded by ANZ and the national government.
Parenting Ideas – When things go wrong at school by Michael Grose

Free Cycling Workshops

There a number of free cycling workshops located in Robina and Varsity Lakes. Please find attached the flyer for the upcoming workshops, including the very popular training wheels to two wheels workshops.