



NEWSLETTER

Robina State High School, 1 Investigator Drive, Robina, Qld 4226

Web: www.robinashs.eq.edu.au Phone: 07 5562 3444

"Believe and Succeed"

Every Student, Every lesson, Every-day Learning and Succeeding

1. We know our learners.
2. We focus on building reading skills.
3. We develop a positive and respectful school environment.

Our Deputy Principal Team



Year 8:
Mrs Jenny Tobin



Years 9 & 11:
Mr David Hoskins



Years 10 & 12:
Mrs Megan Tyne

Important Dates

15th October: P & C Meeting

21st October: Student Free Day

6th November: Instrumental Music
End of Year Concert

11th November: Awards Night

12th November: Year 12 Graduation

15th November: Year 12 Formal

29th November: LFinal day Year 10
and Year 11

13th December: Final day Year 8 and
Year 9

Principals Report



We know our learners.

We focus on building reading skills.

We develop a positive and respectful school environment.

Welcome back to our final school term for 2014. We trust students have returned well-rested and ready to challenge themselves in Term 4. This is a 10 week term with the Year 12s finishing in only 6 weeks and the 10s and 11s soon after in 8 weeks. It is a crucial time in the school calendar for all of our students as they work towards their final exit levels at the end of the year. For us, the focus remains on high expectations and making the most of every lesson.

Key dates for your calendar include:

- Monday 21st October – Student Free Day
- Monday 11th November- Awards Night
- Tuesday 12th November- Year 12 Graduation
- Friday 15th November- Year 12 formal and official final day for Year 12s.
- Thursday 28th November- final day Year 11s
- Friday 29th November- Final day year 10s

- Friday 13th December- final day Years 8 and 9

Our next P&C meeting is next Tuesday 15th October at 6pm. All parents and carers are most welcome. I will be sharing our draft "Strategic Plan" for 2014-2017. The plan sets out the vision for Robina State High School for the next four years and I will welcome any final feedback before it is verified in coming weeks.

We also welcome our friends from Kumon High to Robina High for this week.

Our student trip to Japan was an incredible success and is featured in this edition.

NAPLAN

We were greatly encouraged by our school's performance in NAPLAN and trust all Year 9 families have had the opportunity to discuss their child's performance with them personally. We recognize that this is simply testing a point in time, however our data reflects continued improvement across the board. Our percentages for students above the national minimum standard were above national and state averages in all domains- reading, writing, spelling, grammar and punctuation and numeracy. Numeracy was a particular highlight with our percentage above the national minimum standard at 95%. The national average was 5% lower at 90%.

In addition, our mean scores in writing, spelling and numeracy reflected national trends and our individual student data showed that the vast majority of students have continued to improve and gain in all domains.

Heads of Department

Arts: Ms Deb Derrick
Email: dderr2@eq.edu.au

Business: Ms Janet Smith
Email: jsmit788@eq.edu.au

English: Mrs Alison Kennan
Email: akenn36@eq.edu.au

Humanities: Mr Mark Shannon
Email: mshan13@eq.edu.au

HPE: Mr Adam Brandis
Email: abrand28@eq.edu.au

Industrial Design & Technology:
Mr Steve Lamburd
Email: slamb21@eq.edu.au

Information Technology:
Mr Nick Wood
Email: nwood32@eq.edu.au

Junior Secondary:
Mr Ben Weeks
Email: bweek12@eq.edu.au

Lifestyle Management
Mr Steve Lamburd
Email: slamb21@eq.edu.au

Languages & International:
Mrs Sellina McCluskey
Email: smcc13@eq.edu.au

Mathematics: Ms Ann Stoodley
Email: astoo2@eq.edu.au

Science: Mr Sam Wiseman
Email: swise8@eq.edu.au

Senior Schooling
Mrs Jeanette McDonald
Email: jmcco74@eq.edu.au

Year Leaders

Year 8
Mr Tait Conditsis
Email: tcond5@eq.edu.au

Year 9
Mr Matt James
Email: mjame19@eq.edu.au

Year 10
Mr Todd Campbell
Email: tcamp32@eq.edu.au

Year 11
Mrs Cath Harwood
Email: charw8@eq.edu.au

Year 12
Mrs Julie Swift
Email: jswif7@eq.edu.au

Student Absence Line:

5562 3430



Senior Secondary Update

WE'VE MOVED! WE now have fabulous digs in the Support House! Come and visit!

YEAR 12 are completing the last pieces of assessment for their school studies this term so it's an important term in bedding down final results. With only a few weeks to go we encourage all our exiting seniors to put in 100% effort and not lose sight of the goal-to exit Year 12 with the very best results possible and to have a clear pathway for 2014 and beyond. It's very easy to get caught up in the excitement of leaving school, formal arrangements and schoolies, and forget that the celebration of leaving school should be about the success of achieving a platform from which to launch a positive future.

Year12 OP students are encouraged to come and have a chat to me about their final OP prediction and to see if they need to adjust their tertiary choices. Students can still put in a QTAC application for university or TAFE if they haven't already (it costs a little more now) or change their tertiary course preferences up to three times at no cost. Non-OP or Selection Rank students can have their Selection Rank worked out exactly, and from there discuss if the choices they are making are the very best ones for them. There are lots of options these days for Selection Rank(Non-OP) students to continue their studies and transition into work

or university. The lines between OP and non-OP are very blurred these days.

Year 11 students will know absolutely by now, if the subjects they've been studying this year are the ones in which they can achieve the greatest success. I'm happy to talk to individuals about subject changes, career pathways, OP and Selection Rank predictions and to help support every student's school and future success.

Many Year 10 students will be asking if the choices of senior subjects they've made are going to help them get where they want to be at the end of 2016. Future pathway choices will probably change over the next two years and some students may need a reality check. Because there are so many ways of getting to university and other tertiary studies these days, being OP eligible is becoming a thing of the past (except for those at the 'pointy' end such as medicine and dental. Even then there are multiple pathways to achieve those goals.) Many parents and students are starting to realise that studying a diploma cuts a year off many university courses and is far cheaper than university! There are a plethora of Associate Degrees, bridging courses and other tertiary prep options to consider. I encourage any Year 10 student or parent/caregiver who is unsure of choices, or who has questions about anything to do with senior studies and beyond, to come and have a chat. Appointments can be booked.

It's full steam ahead!

Jeanette McDonald
Head of Department
Student Pathways

Junior Secondary Update

Welcome back to the final term of 2013. I trust that all of our families had an enjoyable yet restful break and had the chance to get out and experience the wonderful Gold Coast weather! This time of the year is often difficult for students to get motivated, particularly as the end of year break gets closer. However, it is essential that students are focussed and continue to work towards their personal and learning goals that were set earlier in the year. Both Year 8 and 9 students ,in addition to their academic pursuits, have some fantastic events to look forward to this term; just to name a few, the upcoming Year 8 movie night, the Year 9 day camp to the Runaway Bay Sports Super Centre and the Junior Secondary Celebration Ceremony to be held in the second last week of school.

The key goals of the Junior Secondary school at Robina SHS are to ensure that every day, in every classroom, every student is learning and achieving within a safe, supportive, inclusive and disciplined learning environment. Below are some key areas that I will be working with students around this term to 'raise the bar' just that little bit higher.

Junior Secondary Students must be ambassadors of our school rules and ensure that their everyday actions in all school and community settings are respectful and responsible. Students should be so aware of the image they portray within our community as it is inevitably the community that will give them a start in their first part-time job, facilitate further study and begin to build their career. This means that students are always presented in correct school uniform from the time they leave home until the time they return home in the afternoon; they behave appropriately and encourage others to do the same. In addition to this, Term Four will also see an increased focus on building students levels of resilience and their ability to care for themselves and others. Junior Secondary students as part of the PROMOTE program will begin learning valuable social and wellbeing skills that will prove invaluable as they continue their journey to adulthood.

Our final school rule embraces students being ready to learn. Teaching and learning is obviously the core business of any educational institution. Students need to present to class with both the physical and mental requirements to ensure effective learning takes place. Various weekly focuses will be presented to students to remind them of their

responsibilities in regards to being ready to learn. This week, students were reminded of the schools electronic devices policy. Students are to ensure that during learning times, all electronic devices eg. iPhones, phones, mp3 players etc. are to be switched off and out of site. This includes headphones being removed from shirts and placed away so as not to be a distraction. Parents can support this policy by urging students to only bring such electronic devices to school when completely necessary.

Best wishes for another successful term.

Ben Weeks
HEAD OF DEPARTMENT
Junior Secondary

OUR MOTTO

"Believe & Succeed"

OUR VALUES

Pride
Respect
Ownership
Manners
Opportunity
Teamwork
Excellence

We **PROMOTE** these values in all we do

OUR RULES

At all times I am:

- ✓ **Respectful**
- ✓ **Responsible**
- ✓ **Ready to learn**

YEAR 11 NEWS

There is so much happening with the Year 11's this term that you may be feeling a little overwhelmed. Please feel free to drop me an email if you are unsure of anything or need help in any way. It will be vital to keep on top of important dates especially in regard to cut off dates for payments so that students do not miss out. I have listed some key dates below:

- Week 1 and 2 only - Senior Jersey - try on for size, application and payment of \$90 due at the Uniform Shop (NB. You can also pay over the phone on 55623414)
- Week 2 – Year 11 Biology Camp
- Week 3 – 2014 School Captain Speeches on Wed 23rd October
- Week 4 - Senior Leadership Interviews (Executive Positions only)
- Week 5 - Deposit of \$100 for Year 12 Camp due by Wednesday 6th November

Students are already busy and engaged in learning in all classes and this week I had the pleasure of visiting the rock'n rolling PE class. It was wonderful to see the enjoyment they got out of the lesson. Keep up the great work Year 11.

Cath Harwood
Year 11 CoOrdinator



Sports News Lisa Oldaker



Term 4 - Recreational Sport Reminder

The Recreational Sport Program for Term 4 starts next Wednesday 16th October. Students who have chosen a paid option (bowling, ice skating, squash, surf swimming, taiko drums, body boarding, gym), must make payment by MONDAY 14TH OCTOBER. The program will run for 7 weeks, finishing 27th November.

If your child has not made a sport selection as yet, they need to see Mrs Oldaker in Staffroom 3 as soon as possible.

South Coast Track and Field Representatives

Robina had 16 students recently compete in the South Coast Track and Field Championships in Brisbane. There were some excellent performances over the two day carnival and 5 of our students were selected in the Regional team who will compete in the State championships from 24-27th October. Congratulations to the following students and we wish them all the best at the next level of competition:

Malachi Berlowitz (13yrs)- 1500m

Ethan Dawes (16yrs)- High Jump

Dylan Stewart (16 yrs)- 100,200,400m, long jump and relay

Emma Ellis (16 yrs)- Hurdles

Katie Lee (14yrs)-100,200m,hurdles



Bring Your Own Device



The school is currently investigating student's (BYOD) bringing their own devices to school. This is supported by the school recently increasing Internet bandwidth to cope with additional devices as well as wireless access in all teaching areas. Students that have a device they would like to integrate into their learning at school will be required to register their device. Before the device can be connected our ICT department will need to check it meets the minimum device and security specification to run on the network. For further information please contact Nick Wood (nwood32@eq.edu.au) Head of Information and Communication Technology.

Japan Trip



20 Days in Japan visiting Kyoto, Osaka, Nara, Tokyo and of course 12 days homestay in beautiful Okinawa.



す
ご
く
楽
し
い



Youth Health Nurse Helen Dredge

Mental Health Week

When people hear the words 'mental health' they usually start to think about mental illness. Understanding what mental health is actually about can be confusing. We all have mental health just like we have physical health. One definition is: "Mental health is the emotional and spiritual resilience that enables us to enjoy life and survive pain, disappointment and sadness. It is a positive sense of well-being and an underlying belief in our own and other's self worth." (Health Educational Authority –UK, 1997) There are things we can do to look after our Mental Health to help us along life's bumpy road!

- Be kind to yourself and think positively. Sometimes you have to search for the bright side rather than dwell on the downside. So look for that bright side now!.....
- Change the way you think. Look for the best in each situation rather than the worst. Give yourself a recent scenario that wasn't good and change it to see the better side. Maybe it was even learning something new.
- Be assertive. Speak up for yourself in a calm manner. (Don't accidentally lash out at others when you do this) Anger will toil away if you do not speak up for yourself. So stick up for yourself and don't let that anger reach boiling point.
- Like yourself. Something we all need to do
- Talk about your problems with your family, trusted friends, teacher, support staff at school, ring kids helpline, write down your problems,
- Set yourself realistic goals. It's amazing what can happen!
- Balance work with play
- Eat sensibly, get regular exercise and sleep
- For more information check out www.headroom.net.au and www.reachout.com.au . www.blackdoginstitute.org.au. You can additionally have online sessions via e-headspace- where you can have online assistance. Headspace is a one stop location for health concerns for 12 -25 year olds. www.headspace.org.au/goldcoast . Of course there are also apps you can download as well in relation to a healthy mind and a healthy body. Check them out. Many are free.

Ask yourself ?.....Do I want to feel good; or do I want to feel bad!..... and then check in with yourself to see how your thoughts change when you decide that you want to feel good!.....

We all know too much stress is bad for our mental health but it additionally impacts on our physical health. You will need to help yourself first. Often people are there for you but admitting things can be the hardest thing. Especially if you push people away, so just decide if you want to continue feeling down or if you want to see a brighter side of life and bring more joy to your life. Of course it will take a bit of work but seeing a doctor and seek professional assistance and support if symptoms persist. You can also access psychologist's under the Medicare Health Care plan, but you will need to see your doctor for this to obtain a referral.



UNIFORM ANNOUNCEMENT

Save \$\$ on Uniforms

Purchase Uniforms now until 5th December and receive 5% off the Total Purchase Price.

Or

Receive 10% off the Total Purchase Price when you spend \$150 or more.

Uniform Shop Call Kim Hartman 5562 3414

Open 8.00-3.00 p.m. Tuesday and Thursdays

Live Well with Asthma

Are you or someone you care for living well with asthma? If you:

- wake up coughing, wheezing or breathless
- struggle to keep up with normal activity
- use your blue reliever puffer more than three times a week
- are unsure about the way your medications can work best for you

These are all signs your asthma is not well controlled or signs you are not living well with asthma.

If your asthma is limiting your quality of life, Asthma Foundation Queensland invites you to join us for a free one hour Live Well with Asthma workshop. To register please call Asthma Assist on 1800 645 130 or visit [Asthma Foundation](#).

Where: Elanora Library, The Pines Shopping Centre, Guineas Creek Road, Elanora

When: Thursday, 17th October 2013

Time: 10:30am – 11:30am





Day for
Daniel
is about

Keeping kids safe!



Teach Children to
Recognise, React &
Report if they feel
it's not right



Wear Red and Educate



Register online for FREE to receive an educational starter pack and go into the draw to win \$24,000 in prizes



DayForDaniel.com.au





The 2013 Australian PGA Championship - a prestigious golf tournament with a long and rich tradition - will be played at RACV Royal Pines Resort from November 7-10.

This is the first major PGA Tour of Australasia tournament staged on the Gold Coast in 10 years.

Tickets for the event presented by Coca-Cola are now on sale at www.ticketek.com.au

A 50 per cent discount is available for members of RACV and affiliated motoring clubs, while Gold Coast residents can receive a 10 per cent discount.

Children 16 years and under will be admitted free when accompanied by a paying adult.

If you book tickets for Friday 8 November, this is "Wear Green for Adam Day" so the crowd is awash with Adam Scott fans!

Visit the Australian PGA Championship website at www.pgachampionship.com.au for further details.



BOOK SALE

ELANORA LIBRARY MEETING ROOM

FRIDAY OCTOBER 25, 9.00 – 4.30 AND SATURDAY OCTOBER 26TH 9.00 – NOON

MOST BOOKS \$5.00 PER BAG; SOME HIGHER PRICED

FROM SERIOUS SCIENCE – LIGHTEST FICTION;

EASY READERS, JUNIOR, YOUTH, NON-FICTION, ADULT FICTION (paperbacks, hard backs, large print),

IF IT'S BEEN IN THE LIBRARY, THEN WE HAVE IT

Student Pathways

Student Pathways Opportunities

Student Pathway opportunities for traineeships, work experience and courses are available from Mrs Allen at the Student Pathway Office or can also be found on the School website:

Current School Based Traineeships

School Based Traineeships / Apprenticeships (SATs) allow students to do paid work for an employer and train towards a recognised qualification while they are still

at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.



Students applying for traineeships must have an interview with Mrs Allen prior to application.

What is Work Experience?

Work experience involves working with an employer and staff, at their workplace in an industry you may be interested in.

It usually goes for five weeks with students going one day per week, or you can attend during the school holidays.

Work experience is unpaid.

Mostly, you do basic 'entry level' duties.

Work experience is the most effective way to decide and prepare

for a future career.

You will get:

Hands-on experience in a real workplace

A head-start for a traineeship/apprenticeship or part time work Experience and skills to put on your resume

Employers are more likely to employ you if you have experience.

That's because you will have a good understanding of what's involved in the job, plus

you will have real experience.

All students wanting to undertake work experience must complete 'safety sense' a workplace health & safety program for secondary students. Go online to <http://www.deir.qld.gov.au/workplace/pdfs/safetysense/index>

Career Information Sites

My Future

<http://www.myfuture.edu.au/>

Job Guide

<http://www.jobguide.deewr.gov.au/>

Defence Jobs

<http://www.defencejobs.gov.au/>

Job Outlook

<http://www.joboutlook.gov.au/Pages/default.aspx>

<http://www.becomeabricklayer.com.au/>

White Card (Safety)

Many students will enter the building and construction industry through a variety of occupations.

One of the requirements to get onto a construction site is the successful completion of the construction industry induction – also known as the White Card.

This is nationally recognised and issued to a person who successfully completes competency unit CPC-COHS1001A (Work Safely in the Construction industry). People that require this card include the self employed, apprentices, trades persons, labourers and anyone working on a construction site (e.g. students on structured work placement).

Industry Liaison Officer: Mrs Robyn Allen
Ph: 5562 3445 or email: ralle14@eq.edu.au



GUESTS program

The Griffith University Early Start to Tertiary Study (GUESTS) Program provides motivated students with an opportunity to improve their eligibility for university entry by studying a single university course (subject) alongside senior secondary studies.

Semester 1 2014 intake

Semester 1 applications for the GUESTS program. are due at Student Pathways on Monday 14th October

<http://www.griffith.edu.au/admissions/guests-program>



Opening Doors to University – new website for students

The Australian Government has launched a new site to help young people find the support and resources they need to overcome barriers to university study. It allows potential students, families and teachers to search for information about different types of Government assistance they can apply for.

<http://www.openingdoors.innovation.gov.au/>

Year 12 School Leavers

Full Time **Print Press and Graphic Design** apprenticeship is available at Bremner Visual in Burleigh Heads. The position is to start after you have completed Year 12. See Student Pathways with your resume for application ASAP as this position will fill quickly.

Casual Position

City of Gold Coast, Library Service is looking for casual library assistants to work in the various branch libraries across the city, particularly on Saturdays and Sundays. This may suit students at your school in their final years (year 11 or 12) or at university.

We are looking for students who understand the importance of customer service.

A detailed advertisement and position description is located at the following link: <http://www.goldcoast.qld.gov.au/council/vacancies.html>

How to Apply:

Log on to goldcoastcity.com.au/jobs and download the position description.

Complete a Job Application Form

Email your application to careers@goldcoast.qld.gov.au

Council is an EEO employer and welcomes diversity in the workplace.