



NEWSLETTER

Robina State High School, 1 Investigator Drive, Robina, Qld 4226

Web: www.robina.shs.eq.edu.au Phone: 07 5562 3444

"Believe and Succeed"

Every Student, Every lesson, Every-day Learning and Succeeding

1. We know our learners.
2. We focus on building reading skills.
3. We develop a positive and respectful school environment.

Our Deputy Principal Team



*Year 8:
Mrs Jenny Tobin*



*Years 9 & 11:
Mr David Hoskins*



*Years 10 & 12:
Mrs Megan Tyne*

Principals Report



ROBINA REPRESENT!

We have continued to excel in a range of areas in recent weeks.

We have had an incredible period of sporting success. On Wednesday, our Open Boys Soccer Team beat Helensvale SHS in the playoff 4-2, then went on to beat Nerang SHS 7-1 in the final. Our open girls Soccer team played Chisholm College in the final and won 2-0. Congratulations to both teams who are now GOLD COAST CHAMPIONS!!

Our 14 years Rugby League Team were so close defeating Helensvale SHS in the playoff but were just beaten by Miami High in the Grand Final. This is a magnificent effort from players and coaches.

On the 30th of May, our 16 Years Boys and Girls Futsal Teams went to the South West titles in Toowoomba. The boys' team were undefeated and the girls also performed extremely well, winning every game until the final. (photos page 10)

Great work by all players and coaches.

As a school, we are also extremely proud of our results in the Language Perfect World Championships for 2013. Our Year 8 Immersion students ranked 6th in the world overall with an average of 3237 correct answers per student. The Year 9 Robina SHS Immersion students came

1st in JAPANESE in the WORLD and 2nd OVERALL for all Languages and for all schools in the world! Congratulations to all students (and their parents and teachers who encouraged and supported them). Hundreds of hours were spent answering thousands and thousands of questions during the 10 day on line Language Competition. Some amazing efforts and results were achieved by many students. A full report from Mrs McCluskey follows.

A busy semester will be winding up in a fortnight with school resuming Monday 8th July. Reports will be mailed to parents in the final days of term and should be received in the first week of the holidays.

We have a number of school activities taking place in the final weeks of term. Friday the 14th June is Drama night which runs from 6-8pm. The night will showcase the talents of Years 9-12 Drama students performing excerpts from assessment pieces undertaken this semester.

Monday the 17th June is the senior dance Night. Our Years 10-12 Dance students plus the school dance troupe will be showcasing their schoolwork. On the following evening (Tuesday the 18th June) Junior dance Night will take place. Years 8 and 9 dance students including our League for Life class will perform alongside students from Clover Hill State School and the dance troupe. Hope to see you at one of these quality events.

Best wishes. Julie

Important Dates

Monday 10th June 2013: Queens Birthday Holiday

Friday 14th June: 2013 Drama Fest

Monday 17th June: Senior Dance Night

Tuesday 18th June: Junior Dance Night

Heads of Department

Arts: Ms Deb Derrick
Email: dderr2@eq.edu.au

Business: Ms Janet Smith
Email: jsmit788@eq.edu.au

English: Mrs Alison Kennan
Email: akenn36@eq.edu.au

Humanities: Mr Mark Shannon
Email: mshan13@eq.edu.au

Industrial Design & Technology:
Mr Steve Lamburd
Email: slamb21@eq.edu.au

Information Technology:
Mr Nick Wood
Email: nwood32@eq.edu.au

Hospitality / HPE:
Mr Damian McAvoy
Email: dmca4@eq.edu.au

Languages & International:
Mrs Sellina McCluskey
Email: smcc13@eq.edu.au

Mathematics: Ms Ann Stoodley
Email: astoo2@eq.edu.au

Science: Mr Sam Wiseman
Email: swise8@eq.edu.au

Senior Schooling & Special Ed.
Mrs Jeanette McDonald
Email: jmcd074@eq.edu.au

Teaching & Learning:
Mr Adam Brandis
Email: abran28@eq.edu.au

Year Leaders

Year 8
Mr Tait Conditis
Email: tcond5@eq.edu.au

Year 9
Mr Matt James
Email: mjame19@eq.edu.au

Year 10
Mr Todd Campbell
Email: tcamp32@eq.edu.au

Year 11
Mrs Cath Harwood
Email: charw8@eq.edu.au

Year 12
Mrs Julie Swift
Email: jswif7@eq.edu.au

Student Absence Line:

5562 3430

P & C Meeting for 11th June has been cancelled due to other school commitments.

Honour an Outstanding Teacher

Call for nominations for the ASG NEiTA Awards for Inspirational Educators

Support our Inspirational Teachers

Our school has been invited to submit nominations for the **ASG NEiTA Awards for Inspirational Educators**. This is an opportunity for our school to publicly recognise and encourage our great teachers, and give them a well-deserved pat on the back. NEiTA is the only independent national awards program where school parents/grandparents, parent associations, school boards/councils, secondary student councils, and community organisations can nominate teachers and principals who contribute excellence.

Nominated teachers receive a congratulatory NEiTA *Certificate of Nomination* and become eligible for NEiTA State and National Awards. It is easy to nominate. Nominations can be made online, or forms can be downloaded, at www.neita.com.au or call the NEiTA Secretariat for a form by phoning 1800 624 487.

Nominations Close on 31 July 2013.



QSchools smartphone app

Robina SHS now has a new way for you to interact with the school using the QSchools smartphone app.

The QSchools app is a convenient way to receive up-to-the-minute information from the school. The app is designed to integrate with the school website, and allows users to see when news, events and newsletters are posted to our school website.

The app allows parents, teachers and students to have instant access to live school updates and information.

You can now download the QSchools app and subscribe to receive the latest news from our school on your smart phone or tablet. QSchools is free and available from the iTunes store and Google Play.

For more information go to:
<http://deta.qld.gov.au/about/apps/education/qschools.html>

Sports News

Sporting Reps

Well done to Malachi Berlowitz who made the Regional Cross country team yesterday, finishing third in his age group. Lyndon Dykes was also named in the Queensland Open Boys soccer team last week after his performance in the State Carnival in Brisbane. Great job boys!

LANGUAGE PERFECT WORLD CHAMPIONSHIPS 2013

INCREDIBLE results for JAPANESE ON-LINE LANGUAGE PERFECT Competition

Congratulations to all students (and their parents and teachers who encouraged and supported them). Hundreds of hours were spent answering thousands and thousands of questions during the 10-day on line Language Competition.

Some amazing efforts and results were achieved by many students. In particular we congratulate:

Melanie Schultz (year 9) who achieved the incredible ranking of 9th in the world!! She continued working even when she got sick and well into the wee hours of many nights in order to achieve this milestone.

Both Melanie and Ayuna Hasegawa achieved Elite awards which means they answered over 10,000 questions correctly.



Melanie Schultz
39000 correct answers



Ayuna Hasegawa
11798 correct answers

15 Gold Awards (answering over 3000 questions correctly), 9 Silver Awards (over 2000 correct answers), 24 Bronze Awards (over 1000 correct answers) and 17 Credits (over 500 correct answers) were also achieved.

We especially commend the following three mainstream Japanese students for their great effort and results in achieving a Gold Award:

Keira Langenburger, Megan Cubley and Brock O'Kane. Great work.

Some students were enrolled and invited to participate but chose not to answer even one question.

This affected some of our averages. If we take these students out of the data and focus just on the Year 8 and 9 Immersion Class guess what?

The YEAR 9 ROBINA HIGH IMMERSION STUDENTS come 1st in JAPANESE in the WORLD!!! And 2nd OVERALL including all Languages and for all schools in the world!

Benowa High has been granted first in the world for their student results and we commend Benowa High .. but it is worth noting that ..

Their average correct answers were 4953 per student and our Year 9 Immersion class achieved a 5,900 correct per student average!!! WOW!!!!!! Our Year 8 Immersion students rank 6th in world overall with an average of 3237 correct answers per student.

Well it's all fabulous data – but even more important than the data is the fact that lots of students learnt lots of Language and had lots of fun.

Well done to everyone who supported this activity and achievement.

LANGUAGE PERFECT WORLD CHAMPIONSHIPS 2013

15 Gold Awards (answering over 3000 questions correctly) were achieved by:

Gold Awards	
Name	Score
Miyu Suzuki	7106
Alex Piccinelli Cotti	6471
Lucas Koulouris	5900
Xanthis Efthymiou	5443
Ethan Redhead	4917
Tom Jackson	4549
Harmony Bampton	4270
Lisa Plessius	4002
Keira Langenberger	3684
Megan Cubley	3561
Saraya McKenzie	3544
Karin Komemoto	3302
Lachlan Lye	3127
Kurtis Hoegel	3090

9 Silver Awards (over 2000 correct answers) were achieved by:

Silver Awards	
Name	Score
Rhys Castle	2845
Brianna Bischof	2524
Anarnya Berlowitz	2492
Ky Skinner	2331
Gus Pryde	2168
Heather Mackenzie	2164
Yvie Harkin	2141
Lena Reilly	2107
Reece Hefford	2008

24 Bronze Awards (over 1000 correct answers) were also achieved by:

Bronze Awards	
Name	Score
Rebekah Efthymiou	1855
Amelia, Maddison	1836
Shaymus Gooley	1830
Howford Hua	1809
Thomas McGibbon	1702
Jack Seddon	1701
Trent Lappin	1656
Go Mizuyama	1618
Nicole Moore	1569
Tristan Sigley	1556
Jack Nelson	1533
Riley Giles	1515
Jordan Moisley	1484
Julia Anderson	1480
Ethan Dawes	1435
Gaiya Nakata	1392
Yusei Nakata	1256
Bliss Bampton	1243
Sora Kotaka	1166
Dakota Humpreys	1129
Luke Sinclair	1109
Aimee Littleboy	1053
Kaina Warren	1033
Sharna Heathcote-Watts	1000



Guidance Officer
Joy Wagstaff



TEEN Triple P (Positive Parenting Program)

Venue: Act for kids (Conference room)
21 Tallebudgera Creek Road West Burleigh
Wednesday 12th and 19th June
9.30am -1.00pm (morning tea supplied)

“Learn strategies to help parenting teenagers easier”

Triple P offers parenting suggestions and ideas to help parents of Teenagers with everyday parenting concerns including the following:

- Building a positive parent / teen relationship
- Encouraging and increase desirable behaviour
- Developing effective, practical strategies to manage behavioural problems
- Managing misbehaviour in a positive and effective way
- Take care of yourselves as parents

For bookings please contact your Family Support Worker or Intake: 55 083822



Sports News
Lisa Oldaker



Recreational sport- Term 3

Your student, in the next week, will need to choose a recreational activity to participate in on Wednesday afternoons during Term 3, (excluding QCS students). This recreational program is part of the school curriculum and will run for the last 8 weeks of term 3, (commencing week 4, Wed 31 July). The first 2 weeks of sport time will be used to run lead up activities for the Interhouse Athletics Carnival, which will take place on Wed 24th July.

The aim of the Recreation Program is to enable students to participate in low, moderate or high levels of physical activity over this time. The program on offer provides for this varying level of activity.

Please be aware of the following information when making a sport selection:

- Most activities have a numbers cap due to supervision or facility requirements
- Students will not allowed to change activities once the program starts
- There will be no refund available for your child's non attendance
- Students who are required to catch a bus for sport but miss it, will be supervised at school
- Some activities will require students to provide proof of competence eg. Surfing/body boarding
- Some activities will require students to complete additional permission forms eg. Surfing/swimming

There are 34 different activities on offer, 11 of these being paid options. Primary cost is associated with bus hire. Due to the nature of the Recreational program, the outlined costs,(see school website) must be paid in full by 18th JULY 2013. Failure to meet this deadline may affect your student's participation in the activity. Please be aware that all activities have to meet minimum numbers to proceed for staffing reasons. If your child chooses an option and it folds due to low numbers, they will be notified and asked to make another selection.

Students who do not have school fees up to date will not be able to choose a paid option. Students will be removed from activities if they fail to complete the appropriate forms and payment. If you have any queries, please don't hesitate to contact Lisa Oldaker on 5562 3444 during school hours or by email (lolda1@eq.edu.au).



House Cup Challenge

Coin Line for Tore Village

A special thank you to teacher Andrew Pirie and Deputy Principal Jenny Tobin for leading the charge for Tore Village this year.

House leaders rose to the challenge with LAYER the clear victors. This event raised an impressive \$565!

Thank you to all students for your contributions and care. A great team effort!



Laver leaders presenting coins to Chloe Marshall, President RSHS LEOS Club with Les Thirlwall, Treasurer Robina LIONS Club, Deputy David Hoskins and Gooding House leader Andrew Pirie.

Mother's Day Shipment to Tore Village.

120kg of donations from the Robina State High School community were gratefully received and distributed in Tore Village in May to mark Mother's day.

A great effort from our PROMOTE classes and teachers with a special thank you to Nigel Wilson, Blair Tonkin, Sellina Jones and Meran Knowles for passionately supporting the coin collection with their promote classes. \$492.90 was raised, covering the freight costs for this shipment.

RSHS LEOS club would like to extend a special thank you to Janet Eldred from Heritage Brands, Victoria. Janet is the sister of teacher, Meran Knowles. After hearing about Robina SHS efforts to do something special for the village ladies in Tore, Janet organised 300 new cosmetic items including Innox and Australis products with gift bags, to be sent to RSHS from Heritage Brands, for inclusion in the shipment.

These items gave our shipment a super "Mother's Day" boost and delighted the ladies of Tore. They send their heartfelt thanks for the love and care to Heritage Brands, RSHS community, Trinity OP Shop of Robina and John Warren from Coast Cargo Coolangatta. A great team effort! Thank you on behalf of Robina LEOS Club.



Meran Knowles with LEO students and visiting Lizen student Peggy, receiving items from Heritage Brands for the village shipment

Youth Health Nurse Helen Dredge



How To Love Yourself

Self love is at the very core of our wellbeing. Without self love; joy, self empowerment and our ability to create and enjoy the kind of life we want to have is in jeopardy. You cannot enjoy happiness if you are not at peace with yourself. Your relationship with yourself is the most important one you will ever have.

For teenagers finding yourselves can be one of the hardest things to do so it is really important that you honour yourself and be true to yourself and this can be difficult when it comes to peer group pressure and wanting to fit in. When meeting and trying to make new friends, look at the qualities and values of your peers and see if they fit with your values. Most of all, treat people respectfully, have a ready smile on your face. Simple things like being friendly and saying hello will have a great impact. Remember you do need real contact and face to face communication with people, not just on-line internet communication.

So what are the effects of not loving yourself?...

This can be severely debilitating. At the very least you can be plagued by indecision and self doubt. In more intense cases there is depression and self hatred which can cripple you in every area of your life.

Until you learn how to love yourself there will be an inner war going on that divides your energy and sabotages your efforts to move towards happiness. The other thing to be aware of is that if you lack self-love you can unintentionally attract people and circumstances that mirror your negative beliefs about yourself.

So in order for you to draw in loving people and circumstances, you need to know how to love yourself first.

I think most of us would be shocked if we could hear a tape recording of our inner dialogue. We would just see how many times a day we judge or criticize ourselves harshly. Sometimes we treat ourselves far worse than we could imagine treating someone else.

To start building self esteem, first listen to how you talk to yourself. You first have to be aware of a situation before you can change it. *There is something wrong with me. I*m really messed up

So, how do you love yourself?...

Do some activities that make you feel positive physically, men-

tally, emotionally and something that makes you smile on the inside and feel peaceful).

Look into a mirror and look deeply into your eyes. As you look into your eyes notice the sparkles and light inside your eyes. See the beauty and strength that's inside of us all.

What changes can you expect from this?...

Areas where you were previously stuck can start to open up. You will begin to trust yourself more as your self appreciation and care for yourself increases. You will judge yourself less and find that you are less judgemental of others, and most of all you will attract people who treat you the same valued, respectful and nurturing way as you are learning to treat yourself.

Adapted from www.wellbeingalignment.com

Eisteddfod

Cath Harwood Dance Teacher

On Friday 17th May, the Robina SHS Junior and Senior Dance Troupes had the opportunity to represent the school by competing in the Brisbane Eisteddfod.

They all performed extremely well in a very competitive field with the Juniors (Year 8-10) coming away with a 3rd place for their contemporary sequence and 4th place for their jazz routine which was choreographed by Emily Forden in Year 10.

All of the girls displayed positive attitudes and sportsmanship on the day and should be very proud of their achievements.



ROBINA STATE HIGH SCHOOL
and
THE ARTS DEPARTMENT
cordially invite you to

A night of great performances from our
Year 9 – 12 drama students featuring adaptations from popular Commedia del'Arte, Realism, Absurdist and
Australian texts.



DATE: FRIDAY, 14 JUNE 2013
TIME: 6.00PM – 8.00PM

PLACE: ROBINA STATE HIGH SCHOOL, PAC
COST: \$5.00 ADULTS
\$3.00 STUDENTS
(payable at the door)

Refreshments will be available in the Foyer – enjoy the display of Art and Photography work before plays begin, or
at interval. For further information please contact Deb Derrick in Staffroom 1.

SENIOR & JUNIOR DANCE NIGHTS

(Showcases Year 8 to 12 Dance students
and Eisteddfod Dance Troupe.)

Venue: Performing Arts Centre
Dates: Seniors – Monday, 17 June
Juniors – Tuesday, 18 June
Time: 6.30pm – 9.00pm

TICKETS MUST BE PRE-PURCHASED BEFORE EVENT

ATTENDING 1 PERFORMANCE ONLY:

Adults: \$10.00
Child: \$ 5.00
Family: \$25.00 (2 Adults, 2 children)

ATTENDING JUNIOR & SENIOR PERFORMANCES:

Adults: \$15.00
Child: \$ 8.00
Family: \$40.00 (2 Adults, 2 children)

Parents purchase tickets at PARENT CENTRE
(Office Hours: 8:00am and 4:00pm Monday to Friday)
Students purchase tickets at PAYMENT OFFICE
(Office Hours: Monday to Thursday, closed Friday)

If paying by INTERNET BANKING, please ensure your payment is completed in full 2 days prior to event as the trans-
actions take 2 business days to appear in the school bank account.

N.B. Parents are reminded that all dance students are to return Permission / Medical Form and Media Release Form
as soon as possible to class teachers. STUDENTS WHO DO NOT RETURN FORMS WILL NOT BE ABLE TO PERFORM.





GOLD COAST HOSPITAL AND HEALTH SERVICES – ORAL HEALTH SERVICES

ORAL HEALTH CARE MATTERS

Did you know that Gold Coast Hospital and Health Services – Oral Health Services in both the community and school dental clinics accept Medicare Teen Dental Scheme Vouchers?

Good oral health care is important for young people. The government has provided Medicare Teen Dental Scheme Vouchers to help enable and maintain good oral health and preventative care. These vouchers can be presented to private dentists or Gold Coast Hospital and Health Services – Oral Health Services, including a community or school dental clinic.

Children attending schools up to the end of Year 10 who present a Teen Dental Voucher with Gold Coast Oral Health Services will receive a comprehensive examination, x-rays, scale, clean and a full course of care. Children in Years 11 and 12 in receipt of a voucher can only be seen by Gold Coast Oral Health Services if the eligibility criteria is met. They will then be placed on a waiting list to receive a comprehensive examination, x-rays, scale, clean and a full course of care.

If the Teen Dental Voucher has been used at a private dental practice, completion of the private dentist's treatment plan will need to be undertaken privately at own cost. Gold Coast Hospital and Health Services will only be able to provide Emergency Care for these children, not a full course of care as prescribed by the private dentist.

Gold Coast Hospital and Health Services – Oral Health Services have qualified and experienced dentists, oral health therapists, dental therapists and dental assistants who work together to provide a range of oral healthcare services to meet your child's specific oral health needs in a caring environment.

As the Teen Dental Voucher expires by 31.12.13, it is important that you arrange your appointment as soon as possible by telephoning the Gold Coast Oral Health Services Call Centre on 1300 300 850. Oral health services are also provided during all school holiday periods.

For more information on the nearest community or school dental clinic, the Oral Health Call Centre will be able to assist you with your enquiry.

Photo Gallery



Parliament House



Student Pathways

Student Pathways Opportunities

Student Pathway opportunities for traineeships, work experience and courses are available from Mrs Allen at the Student Pathway Office or can also be found on the School website:
<http://robinashs.eq.edu.au/wc-mss/index.php/student-pathways.html>

School Based Traineeships / Apprenticeships (SATs) allow students to do paid work for an employer and train towards a recognised qualification while they are still

at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.



Students applying for traineeships must have an interview with Mrs Allen prior to application.

What is Work Experience?

Work experience involves working with an employer and staff, at their workplace in an industry you may be interested in. It usually goes for five weeks with students going one day per week, or you can attend during the school holidays. Work experience is unpaid. Mostly, you do basic 'entry level' duties. Work experience is the most effective way to decide and prepare

for a future career. You will get: Hands-on experience in a real workplace A head-start for a traineeship/apprenticeship or part time work Experience and skills to put on your resume Employers are more likely to employ you if you have experience. That's because you will have a good understanding of what's involved in the job, plus

you will have real experience.

All students wanting to undertake work experience must complete 'safety sense' a workplace health & safety program for secondary students. Go online to <http://www.deir.qld.gov.au/workplace/pdfs/safetysense/index.htm>

Career Information Sites

My Future

<http://www.myfuture.edu.au/>

Job Guide

<http://www.jobguide.deewr.gov.au/>

Health Heroes

<http://www.healthheroes.health.gov.au/>

Defence Jobs

<http://www.defencejobs.gov.au/>

Job Outlook

<http://joboutlook.gov.au/Pages/default.aspx>
<http://www.becomeabricklayer.com.au/>

White Card (Safety)

Many students will enter the building and construction industry through a variety of occupations.

One of the requirements to get onto a construction site is the successful completion of the construction industry induction – also known as the White Card.

This is nationally recognised and issued to a person who successfully completes competency unit CPC-COHS1001A (Work Safely in the Construction industry). People that require this card include the self employed, apprentices, trades persons, labourers and anyone working on a construction site (e.g. students on structured work placement).

Industry Liaison Officer: Mrs Robyn Allen
Ph: 5562 3445 or email: ralle14@eq.edu.au

School Based Traineeships - Current

Certificate II Animal Studies

Greencross Vets are offering School Based Traineeships in Certificate II in Animals in 2014 to students currently in **Year 10 & 11**. Only applications received before end of business Monday, 1st July 2013 will be considered. Applications are available at Student Pathways.

Certificate III in Business Administration (B)

- Robina - Barrington Group (Registered Training Organisation)
- Miami - Volunteering Gold Coast
- Currumbin Wildlife Sanctuary - Must have reliable transport

Certificate III Business Administration (MEGT)

Nerang - Fashion Industry (Open to students in Years 11 -12)
Nerang - Building Industry (Year 11 and 12)
Surfers Paradise - The Souce Magazine
Bundall - Keen Consult

Certificate III Business Administration (B)

- Southport - Busy At Work Apprenticeship Services

Certificate III Business Administration (Aurora)

- Bundall - Study Gold Coast
- Marie-Claire O'Shea Dietitians

Certificate III Business (Retail Focus)(B)

- Broadbeach (Pacific Fair)
Brazilian Express - Front desk,

customer service, large of range of service. Great if interested in beauty industry.

- Across Gold Coast - Supercheap Auto (must have a real interest in automotive)
- Broadbeach - Bakers Delight
- Goldmark Jewellers - various locations
- Prouds the Jewellers - various locations
- Logan - Cosmetics Plus



Certificate II Meat Processing (Food Services) (MEGT)

Bundall - My Gourmet Meats

Certificate II in Retail

City Beach stores in Braodbeach, Surfers Paradise and Haborntown

Certificate III in Retail (Aurora)

- Helensvale - Baskin & Robbins
- Pacific Pines - Baskins & Robbins
- Biggera Waters - Newsagent
- Mudgeeraba - Thrifty Link and Smart Arts Graphics
- Runaway Bay - Donut King
- Nerang - Zarraffa's

Certificate III in Business (Aurora)

- Arundel - Parkwood International Golf Club
- Broadbeach - Giant Chemist

Certificate III in Business (B)

- Mermaid Beach - PRA Consulting Psychology
- Southport - Wealthfarm Financial Planners

Certificate III in IT (Digital Media)

Mermaid Beach - Computer Kidz

Certificate II in Community Pharmacy (BUSY)

- Southport - Terry White Chemist - or Cert III Retail

School Based Traineeships - Current

Certificate III in Hospitality (B)

Robina - Gloria Jeans (Thursday only)
 Mermaid Beach - Mermaid Beach Surf Life Saving Club
 Helensvale - Gloria Jeans
 Helensvale - Healthy Habits

Certificate III in Hospitality (Aurora)

- Broadbeach - Gourmet Espresso
- Burleigh Heads Surf Club
- Gaven Heights - Pizzeria
- Helensvale - Crema Espresso
- Helensvale - The Coffee and Crepe Cafe
- Surfers Paradise - Cafe
- Various Locations - Subway
- Varsity Lakes - Pizzeria

Certificate III Hospitality (B)

- Helensvale - Healthy Habits
- Surfers Paradise - Gloria Jeans
- Sanctuary Cove - Coffeelicious
- Chirn Park - Neptune Pizzas
- Surfers Paradise - Seafood Empire
- Southport - Cafe Piazza
- Surfers Paradise - Outrigger Hotel
- Mudgeeraba - Thai Mudgee
- Burleigh - Thai Wicked Wok
- Helensvale - Bucking Bull
- Chocolate House

Certificate III in Hospitality (AHA)

- Robina - Bar/Gaming and Restaurant
- Broadbeach - Restaurant
- Burleigh - Surf Club

Certificate III Hospitality (Icon)

- Southport - Cafe
- Robina - Club
- Main Beach
- Robina - The Glades

Certificate III Hospitality (MEGT)

- Hungry Jacks - Robina, Nerang & Southport
- Mudgeeraba - Wallaby Hotel
- Kurrara Surf Club
- Southport RSL
- Southport Workers Club
- Pacific Fair- Mrs Fields
- Pacific Fair - Zushi Sushi
- Broadbeach - Toast at Oasis
- Pacific Fair - Gourmet Espresso
- Robina - N Cafe
- Helensvale - Michel's Patisserie
- Robina - New Zealand Natural
- Burleigh Heads - Zarraffa's

Certificate III in Hospitality (Ignite)

- Currumbin RSL
- Broadbeach - Coffee Club
- Clubtalle Surf Club
- Burleigh Heads and Palm Beach - The Tandoori Place

Certificate III in Hospitality (CT)

Mermaid Beach - Sizzler

Certificate III Commercial Cookery (Icon)

- Hope Island - Restaurant
- Main Beach - Restaurant
- Coomera - Tavern

Certificate III Commercial Cookery (Chef) A

- Surfers Paradise - The Surfers Paradise Beach Cafe
- South Stradbroke Island - Tipplers Licensed Cafe

Certificate III Commercial Cookery (Chef) (B)

- Surfers Paradise - Seafood Empire
- Surfers Paradise - Outrigger Hotel
- Surfers Paradise - Coast Steak & Seafood



Schools Program - Gold Coast Institute of TAFE



The Schools Program offers secondary school students in year 10, 11 and 12 the opportunity to attend GCIT 1 day per week over 1 or 2 years to complete a Certificate I, II or III course. GCIT delivers Certificate qualifications in a wide range of industry areas including Construction, Hairdressing, Health, Fitness, Engineering, Tourism, Events, Children's Services, Hospitality, Media and many more.

These courses are one-day-a-week at TAFE courses and all contribute to QCE credits. (Cert I=2, Cert II=4, Cert III=8)

Students need to come to Student Pathways office for an interview with Mrs Allen prior to application. They will need a code to validate their on line application only given after a chat to Student Pathways.

Applications open now for 2014 Courses

Go to: <http://gcit.edu.au/prospective-students/school-students/index.html> for more information.



Certificate I in Construction

Construction Skills Training Centre (CSTC) is delivering **Certificate I in Construction at Robina SHS**. The course runs every Wednesday in Semester 2.

This is a fully funded course so there is NO COST for tuition or delivery of the course. There is a \$150 fee which covers mandatory work place safety items. This includes steel cap boots, high visibility shirt, gloves, safety glasses, sunscreen and a hard hat.

If your child wishes to enrol in this course they must complete the application forms available from Student Pathways. Places are Limited.

Industry Liaison Officer
Robyn Allen
Student Pathways RSHS





Scholarships

Applications Close July 31, 2013

Bond University offers a number of full-fee and part-fee scholarships to Australia's best and brightest students.

Bond University's Scholarship Program rewards students who excel academically, in leadership, sport, community achievements and who are general all-rounders.

Applications are open online to July 31 at www.bond.edu.au/scholarships

Career Events

Gecko's FREE ENTRY Wildlife Expo

Sunday 9th June ~ 10am-2pm

Meet animals and their carers
Wildlife Shows
Fun things for the whole family
Expert Speakers

Albert Waterways Community Centre
Cnr Hooker Blvd & Sunshine Blvd, Mermaid Waters,
(Located behind Pacific Fair Shopping Centre)

Gold Coast and Hinterland Environment Council
Gecko



GIRLS WITH A PURPOSE GROUP TERM 3, 2013

A relevant life skills program for adolescent girls

This research based program aims to empower young women and enhance self-esteem in such ways as providing adolescent girls with an opportunity to develop their knowledge, resilience and self-worth.

The program uses a strength-based approach and aims to facilitate healthy discussions and experiential learning. It provides support, guidance and boundaries for healthy development and mental health.

The program is proven to increase self-esteem, confidence, a sense of purpose and competence, life skills, improved decision making, self-efficacy, enhanced friendships and group work skills.



Friendship Building
Goal Setting
Problem-Solving
Health & Wellbeing
Self-Esteem Building
Making Safe Choices
Communication
Emotional Resilience
Adaptive Coping
And Much More...

10 Weekly,
2 hour sessions

July - September 2013

\$39.55 per session*

Limited places available

*Cost is \$65 per session minus
Medicare rebate of \$25.45
(Better Access to Mental Health
Care initiative) from GP

Private Health Fund Rebates
Available

Suite 22, Riverwalk Place
238 Robina Town Centre Drive
Robina QLD 4226

P: (07) 5575 7122
F: (07) 5593 0065

E: enquiries@youthrive.com.au

STRATEGY 6 See the silver lining

Help your child to look on the bright side of any situation.

Optimistic people are able to find positive aspects in negative situations, no matter how small. This encourages people to feel like they have some control over situations and is the beginning of experiencing hope.

Help your kids see some of life's minor hardships as learning experiences. I am not suggesting you want bad things to happen. You wish they didn't happen but make the best of things when they do. Here are a few positive spins that you can find in most HFD's:



- ✓ **Learning something to prevent it happening next time:**
"You may have been unsuccessful this time but you know what to do next time."
- ✓ **Positive spin-off:**
"It may have been a boring party but you did meet a new friend, which is great."
- ✓ **Learning about yourself:**
"Maybe football, rather than cricket, is more your bag."
- ✓ **It's just this! Avoidance of something more unpleasant:**
"You may have wrecked your skateboard but at least you didn't get hurt and end up in hospital."

This strategy requires kids to change their way of thinking and consciously look for a positive aspect.

WHAT TO SAY: "Look on the bright side."
"What can you learn from this?"

STRATEGY 7 Hang in there

Help your child understand that 'This too shall pass!'

'Hanging in there until things improve' is an under-estimated coping skill. It is related to the notions of normalising, perseverance and acceptance of the situation.

Help kids understand that most situations will improve or at least don't seem as bad after a time. This is particularly helpful when kids experience change of circumstances (such as starting secondary school) and loss (such as a best friend moving away).

This strategy requires kids to tough it out and needs to be combined with getting away from things and getting some help.

WHAT TO SAY: "Hang tough!"
"This too shall pass!"