



NEWSLETTER

Robina State High School, 1 Investigator Drive, Robina, Qld 4226

Web: www.robinashs.eq.edu.au Phone: 07 5562 3444

"Believe and Succeed"

Every Student, Every lesson, Every-day Learning and Succeeding

1. We know our learners.
2. We focus on building reading skills.
3. We develop a positive and respectful school environment.

Our Deputy Principal Team



Year 8:
Mrs Jenny Tobin



Years 9 & 11:
Mr David Hoskins



Years 10 & 12:
Mrs Megan Tyne

Important Dates

Wednesday 20th March:
Harmony Day

Wednesday 27th March:
Compulsory QCS practice

Friday 29th March:
Easter Friday

Next Week we celebrate Harmony Day on the 21st March. This is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world.

By participating in Harmony Day activities, we can learn and understand how all Australians from diverse backgrounds equally belong to and enrich this nation.

During the week, a range of other activities will also take place to celebrate all that is 'international' about Robina State High School. This will include an official welcome to students and staff from our sister school (Name of school).

Like many of the foreign visitors that come here, we trust you will find your time at Robina State High School memorable and enjoyable.

Our P&C Annual AGM took place on Tuesday night. Can I thank all members of our community who attended. I am happy to announce the Robina SHS Executive for 2013 as follows:

President- DiLoddon
Vice-President- Liz Bailey
Secretary- Tracey Butcher
Treasurer- Gabrielle Hammond
P & C Queensland Reps- Judie Novak and Tracey Butcher

I would encourage all parents to consider attending our monthly P&C meetings. We value your input and endeavour to have a clear focus on the future of Robina State High School.

The next meeting occurs on Tuesday May 14th.

Thanks to Garry Lacey, Principal of Mudgeeraba State School, who hosted the school's leadership team on Friday.

We are very excited as we plan to welcome Year 7s to the Robina High community in 2013 and have been busy researching best practice models, gaining insight from primary specialists and, most importantly, talking to young people and their families about their feelings and ideas for Year 7.

Deputy principal Jenny Tobin will be leading a Steering Committee as we plan further and any parents interested in joining this group are most welcome.

Please email Judy Galbraith at jgalb2@eq.edu.au if you would like more information.

We will be hosting a number of Information evenings for families with students currently in Years 6 or 7 and looking at future enrolment at Robina State High School.

Travelling to and from school

We have a busy final two weeks of term with a range of activities occurring and students completing final assessment.

The term concludes on Thursday 28th March and students are required to attend until this time.

Reports will be posted in the final week of term.

2013 Next Step Survey

The Queensland Government is conducting its annual state-wide survey of all students who completed Year 12 in 2012. The Next Step survey is a brief, confidential survey that gains a comprehensive picture of the employment, study and life choices made by Queensland school completers in the year after they finish Year 12.

Between March and June, all students who completed Year 12 last year can expect to receive instructions to complete a web-based survey or a telephone call from the Government Statistician to complete the survey. Please encourage them to take

part. If their contact details have changed, please assist the interviewer with their updated details of forward the survey to their new address so they can participate. Thank you for your support of the Next Step survey in 2013.

For more information visit www.education.qld.gov.au/nextstep or telephone toll free on 1800 068 587.

INFORMATION EVENINGS
YEARS 6 & 7
March 21: 5.30 - 7.00pm
Repeated: Thurs 9 May 5.30 - 7.00pm
Repeated: Thurs 12 Sept 5.30 - 7.00pm

ORIENTATION DAY:
Fri 20 Sept 9.30am-1.00pm
RSVP: jgalb2@eq.edu.au

Heads of Department

Arts: Ms Deb Derrick
Email: dderr2@eq.edu.au

Business: Ms Janet Smith
Email: jsmit788@eq.edu.au

English: Mrs Alison Kennan
Email: akenn36@eq.edu.au

Humanities: Mr Mark Shannon
Email: mshan13@eq.edu.au

Industrial Design & Technology:
Mr Steve Lamburd
Email: slamb21@eq.edu.au

Information Technology:
Mr Nick Wood
Email: nwood32@eq.edu.au

Hospitality / HPE:
Mr Damian McAvoy
Email: dmca4@eq.edu.au

Languages & International:
Mrs Sellina McCluskey
Email: smcc13@eq.edu.au

Mathematics: Ms Ann Stoodley
Email: astoo2@eq.edu.au

Science: Mr Sam Wiseman
Email: swise8@eq.edu.au

Senior Schooling & Special Ed.
Mrs Jeanette McDonald
Email: jmcdo74@eq.edu.au

Teaching & Learning:
Mr Adam Brandis
Email: abran28@eq.edu.au

Year Leaders

Year 8
Mr Tait Conditsis
Email: tcond5@eq.edu.au

Year 9
Mr Matt James
Email: mjame19@eq.edu.au

Year 10
Mr Todd Campbell
Email: tcamp32@eq.edu.au

Year 11
Mrs Cath Harwood
Email: charw8@eq.edu.au

Year 12
Mrs Julie Swift
Email: jswif7@eq.edu.au

Student Absence Line:

5562 3430

Year 8 News

After a leadership and team building day, goal setting sessions, and hard decisions being made by PROMOTE teachers. PROMOTE Captains have been selected. PROMOTE Captains are a tradition at Robina State High School and these students will represent the cohort with a voice and be given opportunities to lead. Please see below for PROMOTE captains, mascots, teachers and classes:

Promote Class	Avenger	PROMOTE Captains
A Mr Marsden	 Justice	Maddison Broad Shontae Anderson
B Ms Thorburn	 Invisible Woman	Connor Cooper Georgia Edson
C Mrs Napier	 Iron Man	Josh Fisher-Collins Jorjana Harding
D Mr Norton-Smith	 Captain America	Elizabeth Huoth Elliott Moore-Carter
E Mr Stevenson	 Spiderman	Holly Minahan Joshua Peacock
F Mrs Buckingham	 Black Panther	Khrystal Ryan Joshua Simmons
G Ms Donohue	 Hulk	Cameron Traynor Charlee Wilmoth
J Mrs Hilzinger	 Wolverine	Riley Giles Tom Jackson
K Mrs Sultmann	 Thor	Clay Davidson Samantha Beutel
L Mr Wilson	 Hawkeye	Joe Yorke Joshua Batey

Tait Conditsis
Year 8 Leader
Humanities Teacher



Year 10 News

The end of term is fast approaching with exams happening for students. We have a strong cohort academically and we look forward to some more outstanding mid semester results this year.

Students need to dedicate time at home for study and review. It is always a good idea to practice work done in previous weeks as well as completing all revision material.

My challenge to all students is to show improvement in classroom effort and results will follow.

Our Positives program is a testament to the

great things happening in Year 10 classrooms. This week we have 46 nominations and some interesting results in our year to date tally.

The winner this week:
Sarah Mae Shultz. Congratulations!

Study hard!

Todd Campbell
Year 10 Leader
Mathematics Teacher

Nominations this term

7 Emily Forden	6 Bryce Phelan
5 Eumay Bruce	4 Kai Judd
4 Kobe Cooper	4 Mareka Partridge
4 Sarah-Mae Shultz	4 Aimee Littleboy
4 Aralleun Sisenko	

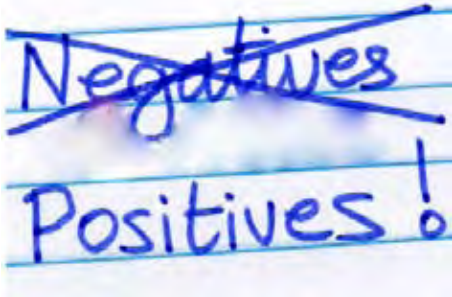
Term 1: Week 6 Year Ten Positive Nominations

Jessica McCallum
Sam Wallis
Maddy Corfield
Sarah Schultz
Kai Judd
Kobe Cooper
Kobe Cooper
Xavier Fufuti
Bryce Phelan

Sarah Bailey
Bryce Phelan
Justin Wilson
Liam Makepeace
Tate Farley
Rachelle Davies
Kahleb Williams
Josh Bolton
Tehlia Robertson
Reid Parsons
Eumay Bruce
Emily Tyrer
Holly Lowrie

James Ogilvy
Sam Graham
Mitch Sowden
Matt Davis
Jack Johnson
Emily Forden
Callum Lawson-Smith
Mareka Partridge
Caleb Mills
Emily Forden
Shannon Tawardros
Kobe Cooper
Kaitlyn Wall

Tobi Warren-Dawes
Hayley Robertson
Liam Makepeace
Aimee Littleboy
Holly Algie
Emily Forden
Sarah-Mae Shultz
Sam Jones
Jack Bubniw
Mareka Partridge
Teegan Kennedy



ORDER an **OBENTOO** LUNCH

Order by: **WEDNESDAY March 20**

at student payment window

To: **EAT ON THURSDAY March 21**

and **SUPPORT** the Japanese Tsunami Victims



\$7



\$2.00 from each Obentoo goes to Japan to assist Tsunami reconstruction.

Big Bento Lunch is an annual fundraiser commemorating the March 11, 2011, anniversary of the Great East Japan Earthquake.

In 2012 Big Bento Lunch raised more than 15,000 for UNICEF's work supporting children in affected parts of Japan.

In 2013 all funds raised will go to the Save Minamisoma Project, which for the past two years has been delivering fresh food and clean drinking water to the people of Minamisoma in coastal Japan.

SUPPORT JAPAN
and contribute to
HARMONY WEEK

HOMEWORK SUPPORT

Where:
Resource Centre / Library (senior computer room)

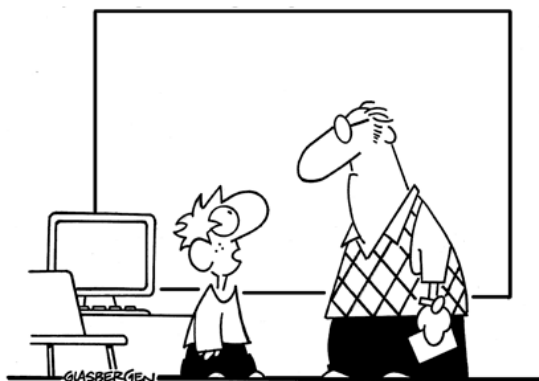
When:
Monday to Thursday, 3:10pm to 4:10pm

Homework support is being offered again in 2013 for all students at Robina High. Whether you are struggling to get started on your English assignment, having some trouble understanding a new topic in Maths, wanting to study for an upcoming exam, or just want some quiet time to do your homework, then feel free to drop in.

The sessions are supervised and run by Mr. John Dobozy who is the Teacher Aide for the Mathematics and English departments. Students can bring along homework/assignments/exam revision for any subject and any year level (8 – 12). Mr. Dobozy is available to assist all students with their work, including some one-on-one tuition during less busy times.

After the 3:00pm bell, access to the library and all of the resources (including computers, books, study areas) is only

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"I don't have my homework. My dog deleted it."

available to students if they sign in for Homework Support. Students do not have to stay for the whole hour and can attend any day they wish.

If you have any question regarding Homework Support, email Mr. Dobozy at jdobo1@eq.edu.au.

Youth Health Nurse:

Helen Dredge

BACK CARE & SCHOOL BAGS

We all know how important our bodies are. We get one when we are born and it has to last us for the rest of our lives, the next 90 years or so?... If this body is so important and we only get one of them, we really need to look after it as best we can treat our body with respect and care for how we use it?

From a young age we are taught how important our teeth are; most people have had their eyes checked once in their life,(recommended two yearly) everyone is aware of the importance of a healthy balanced diet, however most people are not conscious about spinal health and posture.

Our spines house the most important body system, our nervous system. This nervous system controls ALL our body functions. The nervous system recognizes pain which is an alarm that something is wrong. We get our brakes checked in the car so we know that they'll work when we need them. Why do we then wait till our bodies are sore to fix them?

The importance of carrying school bags correctly, study posture, bending & lifting are all things we have to do. We just need to ensure our backs are supported and not strained when doing these things.

This is just crucial for young bodies between 11&17 years of age . How the body grows during this time will reflect how your body is for

the rest of your life. So you need to at least start off in the best possible way.

Many students carry a variety of school bags incorrectly. The main problems are:

- School bags being carried too low on the shoulders. This causes a sway in the back and an increase in the lumbar lordosis. Bags need to be tightened so they rest higher on the back up near between the shoulder blades.
- Incorrect weight distribution. Heavier items need to be packed in first as this will allow most of the weight to be closer to the bodies centre of gravity.



Bags with one strap being carried over one shoulder. This causes muscle tension in that shoulder as the body tries to remain level with the ground. This also predisposes a spine to a side way tilt or a scoliosis. These types of bags need to be carried across the chest diagonally to distribute the weight better.

- Bags with 2 straps only being carried with one

strap. Both straps need to be used so the weight of the bag is in the middle of the spine.

Something as simple as carrying a school bag correctly can take potentially dangerous loads away from stressed areas in young spines and minimize spinal complications later in life. After all prevention is better than cure.

Value and look after your body and appreciate what it does for you. Your body is precious. Please don't take it for granted.

Harmony Day March 21

Tell us your story; "Many stories – One Robina State High School"

What is Harmony Day?

Managed by the Department of Immigration and Citizenship, March 21st, Harmony Day is a celebration of Australia's diversity and coincides with the United Nations International Day for the Elimination of Racial Discrimination. Robina State High School celebrates this annually over Harmony Week by holding a special assembly, selling international food at the canteen, sporting events and sharing multicultural experiences.

This year's Harmony Day theme is Many Stories— One Australia. Each of our staff and students have a unique story to tell, and this is what makes up the chapters of the bigger Australian story (and Robina High) we share today. Everyone is invited to share their story. Robina State High School is asking staff, students and their families to tell us their unique multicultural story or multicultural experience which had significantly influenced

their lives. This will be compiled into a Robina State High School book, "Many Stories – One Robina State High School." Some stories will be shared by students and staff at the assembly and the book displayed in the library. Please email your article along with a photo relevant to the article to Mrs Michelle Gray your story by March 18. mgray137@eq.edu.au

Mrs Sellina McCluskey, HOD Languages, Japanese Immersion and International shares her story below;

My story begins when my father was born in Egypt. Although he was born in Alexandria he was raised speaking Italian and his parents were Italians. When my father was in primary school he studied in Arabic but he doesn't remember any of that now. When he was about 10 he and his parents made the long journey to Australia by boat. It took about 3 months because it was a cheap ticket and the boat stopped a lot. He remembers they were allowed one bag and my grandmother managed to carry one pot – and she cooked all

their meals in it – mainly pasta. My family still has that pot. Dad met my mother in Adelaide. My mother's family were from England but mum was born here. When we moved to the Gold Coast I started studying Japanese and immediately had an affinity with the culture and language of the land of the rising sun. A while ago I married a man from Scotland and now I have a Scottish surname. What is my culture? Hmmm I am Australian of course – but the insides of me are Italian I think.



QCS Practice Test

This is a reminder to all OP eligible and self selected Non-OP Year 12 students that your first compulsory practice is Wednesday March 27th.

If you have any issues email Jeanette McDonald: jmcd074@eq.edu.au

Gifted and Talented Workshops

Last Wednesday during our extended PROMOTE lesson, all of our gifted and talented students in the Kingfisher Program attended a workshop in their area of excellence.

These specialised sessions included academic, leadership, arts, sport and civics. Each mentor for the different areas of excellence organised an activity or guest speaker as part of our enrichment program. In addition, it was a unique opportunity for the Year 8s to meet the other Kingfishers across all year levels and to be introduced to the mentors.

Mr Tonkin, our sport mentor, invited Nathan Helberg to

speak to our Kingfisher athletes. Helberg is the founder of Zuu Fitness and has led the way in the development of functional training in Australia. He spoke of drive, discipline, resilience and consistency, the tools we need to maximise our potential.

The students were also reminded that self-belief is essential if we are to realise our dreams. It was such a privilege to have this dynamic, passionate and energetic guest speaker at Robina High and his message was an important one for our students.

In one of the other workshops on offer to the Kingfishers, our current and aspiring leaders identified what type of leader they are according to the 'leadership compass'.

The students brainstormed in small groups their strengths, as well as where they may be lacking, so they can improve their own leadership skills. Phillip Choi, last year's school captain, volunteered his time to run an activity with the leaders in our Kingfisher Program. The lesson was 'If it's meant to be, it's up to me'.

We will have more of these workshops throughout the year and those Kingfishers who are talented and gifted in more than one area can choose to attend a different workshop next time.

Mrs Sarah Sultmann
Year 8 Kingfisher Mentor and Program Coordinator



International Women's Day Breakfast at the Marriott

Last Friday it was an absolute pleasure to attend the 2013 International Women's Day Youth Leadership Breakfast at the Marriott with a group of delightful Year 8 and 9 female students from our Kingfisher Program.

These students included: Jade and Samantha Beutel; Danielle Davidson; Jessica Duncan; Sian Butcher; Georgia Forden and Alli Zimmermann.

It was an early start to the day (6:45 am to be exact), but there was no complaining as we headed up the grand stairs to the ballroom and waited to be seated at our table. The girls were shy to tuck into the food but were soon chatting away to our mentor about their future plans and career aspirations. Gillian from White Lady Funerals had some very good advice for the Kingfishers. The conversation was

then interrupted by senior journalist with Nine News Gold Coast, Petrina Zaphir, who arrived on stage dressed as Wonder Woman and singing. She proved to be a very entertaining host throughout the morning!

The keynote speaker was Antigone "Tiggy" Rogers of Roy Hill mining project who spoke about her 'journey'. In addition, she encouraged the mostly female audience (the only male was Robina High's very own Year 8 Leader Mr Conditis) to learn from her mistake when she graduated from university and to not be afraid to negotiate their salaries because the men do.

During the short breaks we were able to explore the twenty exhibition stands and trade tables as part of the 'Style and Life Expo'. There was much on offer such as massages, make overs, hair styling, employment opportunities and training, to organic candles, photography and gift bags.

We then returned to the ballroom for the Youth Leadership Forum. It was an inspiring panel of female leaders who shared their personal stories of success and offered strategies to overcome challenges. The panel included a naval officer and two emergency workers, along with businesswomen. It was an opportunity too for the girls to ask questions of the presenters.

As we boarded the maxi taxi back to Robina High, the group was able to reflect on the morning and the girls recorded their thoughts when we returned to school.

"Today was very inspirational and encouraging. I must admit, I've never seen so many amazing female role models in one room! This day has encouraged me to do my best and achieve all I can achieve because listening to the women speak has made me think of what women can do. Best Day!" – Danielle Davidson

"Today was AMAZING! The

speeches were so inspirational." – Jessica Duncan

"It was awesome!" – Samantha Beutel

"Proves that women can do amazing things. Very inspirational." – Georgia Forden

"Today we went to a very inspirational Women's Day breakfast. My favourite saying was 'It's not impossible, it's I'm possible.' The best part of the day was when we had to get up and dance; Mr Conditis made all us girls feel embarrassed, but it was really funny. Oh and also the delicious chocolate. Mmmmm." – Jade Beutel

"Don't say why, say why not." – Sian Butcher

"Inspirational." – Alli Zimmermann

Mrs Sarah Sultmann, Year 8 Kingfisher Mentor and Program Coordinator



International Women's Day

Japanese News

KEEN PARENTS LEARN JAPANESE

This week a group of parents keen to support their child's Japanese language education attended a special "learn to read hiragana class" and we taught them how to read the entire hiragana alphabet in 45 minutes! Yes – amazing – but true – and this could be you!

We are considering running another parent class in term two if there is enough interest. We would run the class at 5pm so working parents could get there. If you are interested please email me on smccl13@eq.edu.au and we will consider a date.

IMMERSION by NIGHT PARENT EVENING

Our school was busy on Wednesday Night with our Year 8 Immersion class attending classes in Computers, Maths and Science.

Proud parents were astonished as they watched their children be instructed in Japanese. They followed teachers directions and put up their hands to answer – often in Japanese.

Parents commented on the amazing concentration of children and how they were so task focussed.

It was great to have Mrs Lye as a guest speaker to talk about being a parent of an Immersion child (which she has had repeated practice of!)

The evening was a clear demonstration of parents, teachers and students working together to achieve good outcomes. Many thanks to all who attended and especially to Mrs Logan, Mrs Hilzinger and Mr Jones for their organisational support.

Sellina McCluskey
Head of Japanese and International Programs



WELCOME OKISHO HIGH

This week we welcome students from OKINAWA JUNIOR HIGH SCHOOL who are spending two weeks in our school. Students are staying with host families from our Japanese Immersion Program which will mean great communication activities can occur! During their stay students will enjoy Woodwork with Mr Lamburd, Cooking with Mr MacAvoy, Biotechnology with Mr Jones and lots of cultural activities and excursions.

This week they will enjoy a school tour delivered in Japanese by Year 9 Immersion Students and a New Product Business Presentation – delivered in Japanese by Year 10 Immersion students.

Year 10 Immersion students plan to visit Okinawa High later this year on a reciprocal exchange program. We are excited about that!

Many thanks to families and teachers who are making our guests feel so welcome in their home and their classes.



Year 8 Japanese Test coming up next week

Konnichi wa! I wonder what your son/daughter has been saying about Japanese class?
Have they told you they have a listening test next week? See if they can tell you what the following means.
If they can – they are ready for their test! Contact the Japanese faculty by emailing japanese@robinashs.eq.edu.au

Konnichi wa. Watashi no namae wa akiko desu. Oosaka ni sundeimasu. Eigo ga suki desu.
Demo eigo ga nigate desu. Nihongo ga suki desu ka? Supootsu ga suki ja nai desu.
Oosutoraria ni wa, supootsu ga ninki desu ka?
De wa, sayonara

YEAR 8 & 9 TORCH TESTING – FEBRUARY/ MARCH 2013

At Robina SHS our Year 8 and 9 students participate in Tests of Reading Comprehension (TORCH).
These Australian norms standardised reading tests are distributed through ACER (Australian Council for Educational Research).

The students complete two trials of the test, early in the school year and at the end of the school year.
The TORCH reading tests aim at assessing the extent to which readers are able to obtain meaning from text.

Data gained from TORCH tests, NAPLAN testing and academic reports is used to inform all teachers of the literacy skills and needs of their students, in order to personalise and enrich their learning experiences across all areas of the curriculum.

“Reading is to the mind what exercise is to the body.” - Joseph Addison

Daniela Salecich
STLaN



Regional Swimming



Congratulations to Anarnya Berlowitz in making the South Coast Swimming team at the Regional Carnival held on the 19th February. Anarnya will be competing in 8 events over the four day State Carnival being held next week at Chandler in Brisbane. What a magnificent effort to be representing our region in so many events! Well done Narni, we wish you all the best at State.

District Reps- Soccer

Congratulations to the following students who made the Oceanic Open Soccer teams at district trials last Thursday. Good luck at Regional Trials this Thursday.

Boys-
Oskar Tycho, Lyndon Dykes, Ashley Avery, Brett Lloyd-Matthews, Mitchell Weinert

Girls-
Emma Ellis, Tayla Marshall



Fantastic
Exceptional **Fabulous**
 CONGRATULATIONS
Fantastic **Fabulous**
Terrific **OUTSTANDING**
Fabulous **OUTSTANDING** *Exceptional*
Terrific

Adrian represented RSHS in the annual 'LIONS Youth of the Year Quest' last night at Bond University.

Adrian WON the public speaking section of the competition. He was up against 'powerhouse' speakers from private schools but the judges noted his sincere and thoughtful responses to the two impromptu questions and marvelled at the delightfully sensitive delivery of his prepared speech.



Community Liaison Officer
Mrs Di Loddon



The John Franklin Memorial Fellowship

The John Franklin Memorial Fellowship Trust was established in memory of Councilor John Franklin, who passed away in April 1993.

The purpose of the Fellowship is to commemorate John's love of life and his untiring involvement in the local community.

The John Franklin Memorial Fellowship is offered annually to enable young people to:

- Undertake study or research
- Obtain relevant experience or
- Progress a project in an academic, cultural, vocational or sporting field

Applications are open to young people 21 years or younger who reside in, or attend school

or an educational institution in the Mudgeeraba and surrounding area.

A minimum award of \$1000 is offered for the fellowship.

The John Franklin Memorial Fellowship is managed by the John Franklin Memorial Fellowship Trust, with Gold Coast City Council providing administrative support.

Applications close Monday 25

March 2013. With the Fellowship presented at the Mudgeeraba ANZAC Day Ceremony 25 April 2013 – See Mrs Dianne Loddon for further details.

ThinkUKnow sessions to parents

ThinkUKnow is an internet safety program tailored to parents/caregivers developed by the Australian Federal Police (AFP) and Microsoft.

Using the content from the program, the session will outline the popular applications used by students, the risks they may be exposed to and how to minimise these risks, and finally where to report them.

The session includes short videos and real life case studies and is for an adult audience only. Schools can register and host parents at their school or facilitate parents' access from their own homes.



Sessions:

- Thursday 21 March 2013, 6:30pm
- Thursday 18 April 2013, 6:30pm



Photo Gallery