



## WEEKLY NEWSLETTER

Robina State High School, 1 Investigator Drive, Robina, Qld 4226  
Web: [www.robinashs.eq.edu.au](http://www.robinashs.eq.edu.au) Phone: 07 5562 3444

### Our Deputy Principal Team

Year 8:  
Mrs Jenny Tobin



Years 9 & 11:  
Mr David Hoskins



Years 10 & 12:  
Mrs Megan Tyne



Our administrative team is supported by a group of dedicated staff.

### Principals Address

**"Believe and Succeed"**

**Every Student, Every lesson, Every-day Learning and Succeeding**



Welcome to the first edition of the school newsletter for 2013. I am delighted to have taken on the principalship of this flourishing school and am looking forward to being part of this great community. Relationships between schools and parents are paramount so can I encourage you to stay connected with Robina High in any way you can. Our fortnightly newsletters are a good way of finding out what has been happening and what events are on the horizon. We also aim to celebrate achievements and keep you abreast of what matters most which is, of course, teaching and learning.

Our first week of the year ran smoothly and we thank families for all of your support in ensuring your young people were ready to learn particularly given the harsh weather we experienced during the weekend prior to start. We welcomed 237 new Year 8 students to our family, 11 new International students from countries including Japan, Columbia, China, Italy, Brazil and Germany along with many new families who have joined us at different year levels. In our first week, we aimed to support our new students in the transition to Robina High. At the same time, teachers focused on

establishing classroom routines and orderly environments to support student engagement and learning. We also delivered strong messages around punctuality and uniform. Being a student at Robina State High School means a commitment to being in every lesson and wearing the uniform with pride.

As the new principal of Robina State High School, I am very proud to assume the leadership of a school with such fine traditions and excellent programs. Robina State High School offers a unique learning environment where students are surrounded with opportunities to excel not only academically, but also in sporting, creative and civic domains. Our aim is for all students to experience success and to be challenged to do the best they can. What impresses me most about the school is its people.

We have an enthusiastic, highly trained and professional group of teachers and support staff who work hard to personalize learning and provide rigour, challenge, support and guidance to the young people in their care. Our three school rules support our focus on learning and succeeding:

- Respect
- Responsibility
- Ready to Learn

I look forward to getting to know you and ensuring that Robina State High School is the school of choice for young people in this community. Our first P&C meeting is the 12th February at 6:00pm in the Common Room. I would encourage you to think about coming along. This is a great forum for you to give your input and ideas around the direction of the school.

Julie Warwick

### Important Dates

- Friday 8th Feb: Swimming Carnival
- Monday 11th Feb: School Photos
- Monday 18th Feb: Catchup School Photos
- Monday to Wed 18-20 Feb: Year 12 Camp
- Friday 22nd Feb: Year 8 Activity Day



A selection of our 2013 students



## Heads of Department

Arts: Ms Deb Derrick  
Email: dderr2@eq.edu.au

Business:  
Ms Janet Smith  
Email: jsmit788@eq.edu.au

English:  
Mrs Alison Kennan  
Email: akenn36@eq.edu.au

Humanities:  
Mr Mark Shannon  
Email: mshan13@eq.edu.au

Industrial Design & Technology:  
Mr Steve Lamburd  
Email: slamb21@eq.edu.au

Information Technology:  
Mr Nick Wood  
Email: nwood32@eq.edu.au

Hospitality / HPE:  
Mr Damian McAvoy  
Email: dmcav4@eq.edu.au

Languages & International:  
Mrs Sellina McCluskey  
Email: smcc13@eq.edu.au

Mathematics:  
Ms Ann Stoodley  
Email: astoo2@eq.edu.au

Science:  
Mr Sam Wiseman  
Email: swise8@eq.edu.au

Senior Schooling & Special Ed.  
Mrs Jeanette McDonald  
Email: jmcdo74@eq.edu.au

Teaching & Learning:  
Mr Adam Brandis  
Email: abran28@eq.edu.au

## Year Leaders

Year 8  
Mr Tait Conditsis  
Email: tcond5@eq.edu.au

Year 9  
Mr Chris Wood  
Email: cwood78@eq.edu.au

Year 10  
Mr Todd Campbell  
Email: tcamp32@eq.edu.au

Year 11  
Mrs Cath Harwood  
Email: charw8@eq.edu.au

Year 12  
Mrs Julie Swift  
Email: jswif7@eq.edu.au

## Heads of Department



Please contact the relevant Head of Department if you have issues or questions about the curriculum or a concern regarding your child's performance or behaviour in a particular subject.

## Year Leaders



Year leaders are a great starting point if you are unsure with whom you need to speak. They can also be contacted if you have questions regarding daily routine and uniform. If there are family issues that you believe the school might need to know about or you wish to share some news about your child e.g. an outside achievement, please let the relevant Year Leader know.

## INVITATION

As parents / guardian of a Robina High School Student you are invited to have Morning Tea with the new Principal M/s Julie Warwick on the following dates:

Thursday 14th February 10.00 a.m.

Tuesday 26th February 10.00a.m.

At Robina State High School Common Room, in the Parent Centre.

If you would like to meet with her talk about the school and the goals she has for the school for the future and learn more about Julie please RSVP to Di Loddon on 55623 404.

Looking forward to seeing many parents on either of these dates.



## Student Absence Line:

**5562 3430**

We have a host of qualified support staff who work to support the individual needs of our students. We look forward to profiling more student support staff in the next edition.





## Year 8 News



It is with excitement that we welcome Year 8 students to Robina State High School. The beginning of the week saw our young "Avengers" start a secondary schooling environment for the first time. Nerves and fears soon dissipated as students entered classes and were introduced to new friends.

These students will definitely not be standing still over the course of 5 years. They will be

making progress, creating new relationships and reaching for goals. The challenges are there for our Robina students with an innovative academic curriculum, a varied and competitive extra-curricular sporting program, and the ideal of life-long learning and all that it entails as the core foundation of education.

It will, without a doubt, be an exceptionally busy year and one that we will all need to tackle with determination, great momentum and commitment.

The students will be given opportunities to go on excursions, camps and leadership initiatives. For many it will be a year of firsts!

Welcome to Robina State High School!!!

Tait Conditsis  
Year 8 Leader  
Humanities Teacher  
Robina State High School

## Year 10 News



Welcome back Year 10



What a busy morning! It was great to see our Year 10 students for the first time in 2013 on assembly. We have moved to the Bus Bay Under cover area with bags stored to the outside.

Apparently students have done a great job of emptying fridges and pantries as some

have grown nearly as tall as me!

This year we will focus on our classroom positives program.....a tradition started back in Year 8.

We are also looking at academic effort between PRO-

MOTE classes. There is plenty of motivation to strive for academic success this year.....a whole smorgasbord of exciting Senior subjects to study next year, but remember only if you meet prerequisite achievement grades in Year 10 subjects.

Already I have been speaking with students telling me about career opportunities and dreams for future study.

I am looking forward to a mature attitude to learning and strong academic achieve-

ment again this year. So I say a big welcome back to 2013 and I am so very proud to be working for the third year with such a great group of young adults.

Todd Campbell  
Year 10 Leader  
Mathematics Teacher  
Robina State High School

## Year 11 News



A hearty welcome back to the Year 11 cohort and their parents/guardians in preparation for what is going to be a very big year.

I also want to welcome with open arms the new students who have come to us not only from wider Australia but from all over the globe.

Students will be well into their classes by the end of the week and we will be expecting them to aim for their best in all classes. We also expect them to step up to the task as Seniors and be active and visible role models for the junior students.

Students have already been briefed about some leadership opportunities that are available to them such as Student Council Leos and the up-coming swimming

carnival next Friday. Cheers to a fruitful and productive year

Cath Harwood  
Year 11 Leader  
Arts Teacher  
Robina State High School





## Week 1 - Sport Information



Sport is a compulsory part of every student's curriculum at Robina SHS and will take place on a Wednesday afternoon for the next two years.

My role as Sport Coordinator is to provide a range of sporting opportunities for all students in and out of school hours.

The major focus for Semester 1 is our inter-school sport program. Students will be making a sport selection for Semester 1 via the student intranet until Monday of next week. Can you please discuss your child's sporting options with them so they can make a sport choice by Monday. I would encourage as many students as possible to trial for interschool teams

over the next 3 weeks. I understand parents have many expenses at the start of the school year, however we really need your support with payment for interschool sport so we can have as many teams as possible in the competition representing Robina High with pride.

Medical forms and payment for sport need to be made by Thursday 14th Feb

All students were given two sport notes yesterday to bring home to parents; one for interschool sport and one for the inter-house swimming carnival. Robina's annual swimming carnival will be held on Friday 8th February at Pizzey Park pool, Miami. It is compulsory for all Year 8-10 students to attend the carnival unless an explained absence is provided.

As this is a non-contact day for Year 11

and 12 it is not compulsory for senior students to attend, however as school leaders it would be great to see a large contingent of seniors present. Students will travel to and from the venue via bus. The swimming carnival will still go ahead if it is raining and the theme this year is 'Hawaiian.' It is always a fun day, so please encourage your child to attend and return medical forms and payment to the office by next Wednesday 6th February.

If you have any queries about sport, please don't hesitate to me on 5562 3444

Mrs Lisa Oldaker  
Sports Coordinator  
HPE Teacher



## Youth Health Nurse



Welcome to the new school year.

My name is Helen and I am the School Based Youth Health Nurse for Robina State High School. I would like to

take this opportunity to introduce myself. I will be working in your school Monday, Tuesday and Thursday. I am employed by Qld Health and provide a confidential service to young people.

I am a Registered Nurse, endorsed midwife and have previously worked in the scope as a nurse practitioner in sexual health. I have a broad range of nursing experience and have a thorough understanding of the complex needs of young people. I am also a qualified yoga teacher and find teaching self connection through breath awareness and relaxation so important for young people, and actually all of us to master. Once you have this you can use it for life and effectively use it to pause and centre yourself.

The main function of my position is to work in a collaborative way with the broader school community to achieve better health outcomes for young people, through:

- Individual, confidential health

consultation for students, parents & school staff

- Health Promotion activities in the school & classroom (on request)
- Being a health resource person

There are many different areas in nursing. The role of a youth health nurse in a high school is a little different to what many people would think a nurse does in a school. It is not my role to be a first aid person and students are required to access administration for First Aid. However I am always happy to assist. Additionally if your child has any allergies/medical conditions or requires additional care please make administration aware of this.

I am looking forward to getting to know many more of you this year. Please feel free to contact me if I can be of any assistance or if you have any health concerns or great ideas for health promotion activities. I am located in the support house. You can make a request to see me and/or leave a written message in the "message box" and I can follow you up, or alternately speak with Ms Anderson at the front desk at the support house.

I will continue to be involved in hav-

ing weekly move your body activities on Tuesday at recess mainly involving skipping and a bit of limbo. Tuesday afternoons after school there will be a gentle yoga session available for staff and students. Most of us lead stressful and busy lives and don't learn how to unwind properly. Tension is also held in our body. It's so important to be able to relax the body/mind and rejuvenate oneself. We have an amazing body and brain that just does so many things for us and so much that we take for granted. How we look after ourselves, our thoughts, choices, the food we eat, the relationships we have, in fact everything that we do can impact on our emotional, physical and mental health. If you haven't already done so set out your intentions and goals for the year ahead, write them down, additionally add, to be kind to yourself and to be the best friend that you can for yourself. Wishing you a wonderful year ahead.

Have a Happy and Healthy 2013  
Helen Dredge  
School Based Youth Health Nurse





## Parenting Ideas

### Making a smooth start to secondary school

**Starting secondary school** presents new experiences, which place many demands on children. It is potentially an unsettling time.

Being at the bottom of the pecking order where you are unsure of the rules of the playground is just one adjustment to make. Changing classrooms, reading a timetable, altering eating habits and carrying a load of books around is difficult enough without the added task of making friends. Some young people take these new experiences in their stride but many have difficulty making the transition from primary to secondary school. It is no coincidence children's learning levels out in Year 7, presumably as social tasks take precedence over academic performance.

This transition signals a period of supportive parenting. Talk to your child about change and reassure them that it is normal to feel unsure and anxious in new circumstances. Let him or her know that any difficulties

faced will only be temporary. Some kids may brush you off with a 'she'll be right' attitude but don't be fooled by the bravado. Most will be feeling fairly unsure of themselves.

Share some of your own memories of starting secondary school - but steer away from any horror first day stories. It can be reassuring for a child to know that you went through similar experiences and survived. Talking in this way shows that you understand how they feel.

Listen to young people in the first few weeks of school. Ask about new subjects or interesting activities they are doing, and shift their focus to the positive aspects of school. Children often take their cues from their parents so show confidence in their ability to cope.

Make contact with your child's year level coordinator if you have problems or concerns about how they are settling in. Don't wait for a parent-teacher

night to state any genuine concerns.

If it is your eldest child who is starting then secondary school will be relatively new for you too. It will take some time for you to adjust to the school's culture and communication methods. You can learn a great deal about the school by talking with your young person and encouraging him or her to share their experiences.

## Talking Point



### Ask our young Person:

How is secondary school different from primary school? What's better and what's not so good?

## Bright Ideas



### Talk while doing something

If your teenager is a conversational clam and just won't talk about school, or any other matter, then become involved in an activity with him or her. Boys, in particular, tend to talk more when their hands are busy and the focus is taken off them.

## Did you know?

Young people's first friendship group in secondary school is not necessarily permanent. They have a number of attempts in the first years to establish their friendship groups.



A selection of our 2013 students

## Student Pathway Opportunities

Student Pathway Opportunities for traineeships, work experience, post school opportunities and courses are available from Mrs Allen at the Student Pathway Office or can also be found on the :

School Website: <http://robinashs.eq.edu.au/wcmss/index.php/student-pathways.html>.

School Based Traineeships (SATs) allow students to do paid work for an employer and train towards a recognised qual-

ification while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training while completing Years 10, 11 or 12. SATs can contribute 4,6 or even



8 points towards a Queensland Certificate of Education.

## What is Work Experience?

Work experience involves working with an employer and staff, at their workplace in an industry you may be interested in.

It usually goes for five weeks with students going one day per week, or you can attend during the school holidays.

Work experience is unpaid. Mostly, you do basic 'entry level' duties.

Work experience is the most effective way to decide and prepare for a

future career.

You will get:

To find out more about your chosen career.

Hands-on experience in a real workplace.

A head-start for a traineeship/apprenticeship or part time work.

Experience and skills to put on your resume.

Employers are more likely to employ you if you have experience. That's

because you will have a good understanding of what's involved in the job, plus you will have real experience.

All students wanting to undertake work experience must complete 'Safety Sense' a workplace health and safety program for secondary students, go online to: <http://www.deir.qld.gov.au/workplace/pdfx/safetysense/index.htm>

## Career Information Sites

### **My Future**

<http://www.myfuture.edu.au/>

### **Job Guide**

<http://www.jobguide.deewr.gov.au>

### **National Career Development Week**

<http://www.nationalcareerdevelopmentweek.com.au/>

### **Health Heroes**

<http://www.healthheroes.health.gov.au/>

### **Defence Jobs**

<http://www.defencejobs.gov.au/>

### **Job Outlook**

<http://joboutlook.gov.au/Pages/default.aspx>

## White Card (Safety)

Many students will enter the building and construction industry through a variety of occupations. One of the requirements to get onto a construction site is the successful completion of the construction industry induction, also known as the White Card.

This is nationally recognised and issued to a person who successfully completes competency unit CPCCOHS1001A (Work Safely in the Construction Industry). People that require this card include the self employed, apprentices, trades persons, labourers and anyone working on a construction site.

**Note:** Those students who already have their construction 'Blue Card' should be aware that these are still valid and able to be used in QLD, NSW and Vic.

## School Based Traineeships

### **Certificate III Business Administration (Ignite)**

- Nobbys Surf Lifesaving Club
- Genki Cafe in Palm Beach

### **Certificate III in Business (Busy At Work)**

- Holmes & Partners in Varsity Lakes
- Wealthfarm in Southport
- 5 Star Resumes in Elanora
- Australian Institute of Learning - Registered Training Organisation located in Robina
- Juice 107.3 Radio station located at Main Beach
- Avago Remedial Massage - Robina Town Centre
- Etourism - website developers located in Nerang

### **Certificate III in Business (Aurora)**

- Post Office in Elanora - Duties will include customer service, cash handling, stock receipt/ placement and merchandising.
- News Agency in Kirra Beach - Duties will include customer service, cash handling, stock receipt/ placement and merchandising. Cash handling experience is desirable and mature personality is essential.
- Fast Food outlet in Runaway Bay

### **Certificate III in Hospitality Mecure Gold Coast - Carrara (formely Radisson)**

Year 11 or Year 12 students

Note: Please wear appropriate attire to the information session. Application packs available from Student Pathways.

Full details and information

Evening info on the following page

### **Certificate III in Hospitality (Aurora)**

- Broadbeach - Coffee shop
- Burleigh - Cafe
- Gaven Heights - Pizzeria
- Helensvale - Cafe and Fast food
- Marina Mirage - Cafe
- Nerang - Cafe/snack bar in a busy industrial area.
- Palm Beach - Cafe
- Surfers Paradise - Cafe

### **Certificate III in Hospitality**

Wallaby Hotel in Mudgeeraba have four positions available. Information, interviews and selection session will be held at Wallaby Hotel on Monday 18th February 6.30pm to 10.00pm. Bring your resume, a parent and be dressed to impress.



### **Certificate III in Hospitality (Ignite)**

- Nobby Surf Life Saving Club
- Palm Beach - Zarraffas
- Tugun - Zarraffas
- Coolangatta - Zarraffas
- Burleigh - Treetops Tavern
- Surfers Paradise - Vegas in Paradise
- Burleigh - Crust
- Coolangatta
- Tallebudgera Surf Life Saving Club
- Stocklands Burleigh - Coffee Club
- Mermaid Beach - Maries Pizza
- Helensvale - Maries Pizza

### **Certificate III in Hospitality (AHA)**

- Broadbeach Surf Club - Bar/Gaming/Functions/Food
- Miami Surf Club - Bar/Gaming/Functions/Food
- Runaway Bay Club - Bar/Gaming and Restaurant
- Broadbeach - Restaurant
- Robina - Bar/Gaming and Restaurant

### **Certificate II in Kitchen Operations**

Information, interviews and selection session will be held at Wallaby Hotel on Monday 18th February 6.30pm to 10.00pm. Bring your resume, a parent and be dressed to impress.

### **Certificate II in Retail**

Year 10 and Year 11

City Beach have vacancies in the following stores:

- Robina
- Broadbeach
- Surfers Paradise
- Helensvale
- Harbour Town

### **Certificate III in Retail (Aurora)**

Newsagents in the following areas:

- Broadbeach
- Elanora
- Biggera Waters
- Upper Coomera

### **Certificate II Automotive Mechancial (Migas)**

Tweed Heads - The successful applicant must be a keen and a motivated Year 12 student who would like to work on vehicles of all types.

Industry Liaison Officer  
Robyn Allen  
Students Pathways RSHS





# Certificate III Hospitality

*Including:*

*Develop & Update Event Industry Knowledge*

structured ten month paid program • extensive exposure to daily resort operations

experience in restaurant, banquet, concierge & housekeeping  
employee benefits • friendly team

international hotel group • possibility of ongoing employment

*Opportunity at the end of the traineeship to complete a  
Certificate III in Tourism*

*(one additional unit for a small fee)*

## VACANCIES

**25 Trainees**

Suited to Year 11 or 12 student in 2013

## INFORMATION EVENING

**Tuesday, 5th February 2013**

**6.00pm — 7.00pm**



**Mercure Gold Coast**

**Palm Meadows Drive, Carrara QLD 4211 Australia • Phone: +61 (07) 5555 7700 • Fax: +61 (07) 5555 7701  
Email: [hra@mercuregoldcoastresort.com.au](mailto:hra@mercuregoldcoastresort.com.au)**