

Career Guidance

Robina State High School provides a full-time Guidance and Counselling service for its students and their parents/guardians and teachers. This service enables students to successfully resolve an increasingly broad and challenging range of educational and developmental issues that may concern them in their progress through High School. It prepares students for fulfilling life experiences in careers or further education options at University or TAFE Colleges. Briefly the service provides:

1. Educational Counselling/Information Service

- Assists students to select subjects and courses appropriate to their interests, aspirations and achievement
- Helps them develop successful and effective study skills
- Provides them with information on all Tertiary institutions in Queensland and interstate (the courses these institutions offer, prerequisite subjects and OP Scores necessary)
- Helps students and parents to interpret school assessment and understand Student Profile System
- Provides them with information on TAFE courses

Examples of Resources Used:

- QTAC Guide/Interstate equivalent
- Tertiary Institutions' Handbooks, bulletins and visiting guest speakers
- Industrial Liaison Officer
- SISCO and Youth Workers
- Job Guide, OZJAC Computer Program, Student Profile and QCST
- QSA publications eg. "Exit Lines"
- TEPA Publications eg. "Calculation of OPs" etc
- QTAC report/OP score analysis
- Study Skills programs and video tapes
- Additional Guidance Officers for talks
- Psycho-educational assessment for ascertainment process that incorporates the support of specialist Visiting Teachers and appropriate support agencies

Robina State High School has two Guidance Counsellors:
 Mrs Kay Caruso (Tuesday and Wednesday)
 Ms Nancy Grand (Full-time)

In addition, there may be times when a Guidance Team approach is used. This team comprises of Guidance Officers from nearby High Schools and is implemented to access large populations of students, to help provide them with vital information on a range of issues such as:

- Grade 12 population applying for tertiary admission through QTAC and awareness of all post Grade 12 options

- Grade 11 population " introduction to and understanding of OP/Student Profile System/QCE
- Grade 10 population " awareness of post grade 10 options/QCE etc.
- Traumatic incidences

IMPORTANT NOTICE

Personal counselling will be available at all possible times, in crisis without appointment, otherwise by appointment system.

2. Personal Counselling Service (Students and Parents)

- Helps students to successfully resolve personal concerns which may be impeding their progress at school/home
- Enhance students' coping skills in worrying or stressful situations during the challenging developmental phase of adolescence
- Enhance parents' coping skills with modern and latest parenting techniques for the challenges of adolescent parenting
- When necessary, to act as a liaison/referral agent to out-of-school helping agencies and specialist organisations eg CYMHS, Department of Family Services
- Encourage and reinforce an atmosphere of "availability" for students to "drop-in" during lunch-breaks etc. for time management of their problems before they reach crisis point

The aim of this service is to provide students with a better understanding of themselves, their goals and aspirations, and the means to achieve same.

Examples of Resources Used:

- Eclectic counselling approach
- Rogerian client-centred
- RET
- Transactional Analysis
- Adlerian concepts: STEP/STET concepts, Glasser-Reality Therapy Concepts
- Johari Window
- Self-esteem inventories and many more
- Additional Guidance Officers

3. Career Counselling/ Information Service

- Helps students obtain accurate, up-to-date information about various careers; the subjects, courses and levels of achievement necessary for these careers
- Introduces students to Employment Agencies and available vacancies

Examples of Resources Used:

- Job Guide, Book/CD and Computer Program
- Visiting Speakers
- Careers market
- Career videos
- Work Placement (through Industry Liaison Officer)
- OZJAC, Career Mate/Builder, Find OPâ€™s
- Interest Inventories, eg. AC VIII, Hollands SDS
- Subject based career programs

Students receive this information through a combination of class talks, small group sessions, individual counselling sessions, subject-based career programs, visiting career speakers, eg. Tri-Forces talks, Employment agencies, Careers Markets, Work Experience etc., Career Videos and Job Guide Resources available in the Guidance Office and the Library.

Information on current vacancies, closing dates etc. is disseminated through Newsletters and student information notice boards around the school.

Appointments

Students make appointments to see the Guidance Officer themselves or may be referred by teachers or administration staff through Robyn Allen, Sam Jones or the Guidance Officer. When parents wish to avail themselves of the service, they do so by ringing the school office (55 623444) and making an appointment. A Guidance Officer is available at the school, usually five days a week.

For more information contact
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Guidance Officer