

ROBINA STATE HIGH SCHOOL



**ROBINA  
STATE HIGH SCHOOL**  
 in conjunction with  
**THE  
GOLD COAST TITANS**  
  
**“LEAGUE FOR  
LIFE”  
PROGRAM**

*“If it’s to be, it’s up to me.”*

**ROBINA STATE HIGH SCHOOL**  
 in conjunction with  
**THE TITANS**  
  
 present the  
  
**“LEAGUE FOR LIFE” PROGRAM**

<b>Year 9</b>	<b>Year 10</b>	<b>Year 11 &amp; 12</b>
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<b>“Giant Steps” Program</b>	<b>“Positive Pathways” Program</b>	<b>“Play It Smart” Program</b>
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<b>2007</b>	<b>2008</b>	<b>2009</b>
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|---|---|--|
| <ul style="list-style-type: none"> <li>• P.E. (Rugby League)</li> <li>• PROMOTE / mentoring</li> <li>• English / Maths</li> <li>• Arts Media</li> <li>• Interscholar Sport</li> <li>• League Camp (Tallebudgera)</li> </ul> | <ul style="list-style-type: none"> <li>• P.E. (Rugby League)</li> <li>• PROMOTE / mentoring</li> <li>• Interscholar Sport</li> <li>• League Camp (Tallebudgera or Runaway Bay)</li> </ul> | <ul style="list-style-type: none"> <li>• PROMOTE / mentoring</li> <li>• Titans Shield / Cup Competition (interscholar sport)</li> <li>• League Camp (Tallebudgera or Runaway Bay)</li> </ul> |
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**YEAR 9 PROGRAM**

The “Giant Steps” Program runs across four subject areas – Physical Education (Rugby League), English, Maths and Arts Media. These subjects have a rugby league base focusing on associated principles and key life skills. Students study these subjects together for the full Year 9 calendar and cover the standard core Year 9 curriculum, with a rugby league emphasis. These students will be in a PROMOTE group together to further develop team building and life skills. Students of the “Giant Steps” program choose their remaining subjects as per the standard Year 9 structure.

**Physical Education (Rugby League):** This subject is six lessons a week on the P.E. line. The students will engage in a fitness and nutrition program, learn key playing skills, participate in ARL and interscholar competitions and attend clinics and camp with Titans personnel. Core Physical Education curriculum will also be studied.

**English:** This subject is six lessons a week and incorporates league based projects into the curriculum. The students will do projects such as write articles for league magazines, analyse a sporting movie and take on roles as sports reporters as well as their core curriculum.

**Maths:** In Year 9 Mathematics, the students are organised into flexible classes based on ability groups. This particular group of students will be taught at a level which is appropriate to the group ensuring that all levels of ability are catered for. The subject is six lessons a week and will incorporate an underlying theme of “Mathematics in Sport”.

**Arts Media:** This subject is two lessons a week and is project based. Students will use Photoshop to create their own team name and logo, player profiles and photos for photo journalism activities. They will also make a promotional DVD and participate in physical theatre workshops with Backbone Theatre Co.

## WHAT IS IT?

The Robina State High School “League for Life” Program is a comprehensive approach to schooling that uses rugby league, associated principles and essential life skills as the vehicle to drive curriculum.

The aim of the program is to engage students in their studies, improve fitness and provide them with valuable skills they can draw upon throughout their life.

The program runs from Year 9 to 12 and combines team sport, curriculum, literacy, numeracy, IT, life skills, fitness, and enterprise. Students work with Robina SHS staff and key personnel and players from the Titans. Griffith University will be involved in a community study based around the program.

The program is designed to immerse students in rugby league in Year 9 and by Year 11/12 the students should be focused on their individual pathways. At all times the program allows the students to pursue other interests at school, whether that be in their studies or extra-curricular. Students may exit the program at the end of a school year, although it is recommended that students follow the program through to the end of Year 12 to receive the full benefits. (See structure of the program.)

## WHO IS THE PROGRAM FOR?

The program commences in Year 9 and is designed for students who have an interest in rugby league and who are not achieving to their potential at school.

Entry into the program is through application or nomination. A Year 9 subject selection kit specific to this program is available from Mr. Brandis H.O.D Physical Education or the Parent Centre.

## TITANS INVOLVEMENT

In 2007 the Gold Coast Titans will be establishing their welfare programs within the Gold Coast region. As part of their involvement with the community, they will be working with students at Robina SHS who are part of the “League for Life” - Giant Steps program as well as our interschool rugby league teams.

Titans players will take on mentoring roles with our “League for Life” students and, in conjunction with the ARL, the Titans will run clinics, league based learning activities and competitions.

## SPONSORS

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