



# Robina State High School

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Queensland Government  
Education Queensland

**Happy Easter**

## Weekly Newsletter



### WEEKLY FOCUS:

*'Be Responsible for Your Actions'*

The date for the next **P & C Meeting** is Tuesday, 12 May at 6pm. The meeting will take place in the Common Room. All are welcome – please enter through the front door of the Parent Centre.

### Don't Forget .....

The Easter Holidays are almost here! School will be closed on Friday, 10 April until Tuesday, 21 April (Monday, 20 April is a Student Free Day). Happy Easter, everyone!



Students who have not yet received their Student Photo Packages from Master School Portraits can pick them up from Student Reception now.



### STUDENT PATHWAYS DIRECTOR: JEANETTE MCDONALD

#### ANZAC DAY COMMEMORATION

This year Anzac Day falls on the first Saturday of Term 2. There is no Anzac Day holiday other than the actual day. We will be having an assembly at school on Wednesday 22 April as part of our remembrance and our students will also be representing the school at the official community commemorations. If anyone is interested in being part of this they should see Mrs Gray (Acting HOD in place of Mrs Raethal) ASAP.

#### TAFE and other EXTERNAL COURSES - **DON'T LOSE YOUR QCE CREDITS!!**

With external certificate courses studied at TAFE or with private providers now counting towards QCE credits, it is essential that a student's name and details match **exactly** what we have on our school system. When the Queensland Studies Authority takes the information from the trainer or DET, they match it to the enrolled name from school data and then allocate QCE credit points to that student.

If, however, a student has enrolled externally spelling their name differently - a nick name, shortened name, no middle name, hyphenated names or a different family name, for example - the information **WON'T** match up. This means that students will not get the QCE points awarded to them under their 'school' name. It could mean the difference between receiving a QCE and not being awarded one - and the hassle of then proving you are the 'one' person.

*Make sure details of NAMES are EXACTLY the same no matter where the student is studying.*

If Students are absent from their external course the school is informed, it is entered as an unexplained absence on our data system. It would be appreciated if a parent/caregiver could notify the school when an absence from an external course occurs so as we can enter the reason on our data base.

Also, if any of the course details change, or if students cancel their enrolment, we need the student to notify us of this.

**GUIANCE OFFICER: JODIE DEKENS**

Just a quick note to say have a fun but safe Easter break and I look forward to seeing you back in school after the holidays.

If things do become stressful during the holidays, the following contact numbers may come in useful:

Kids helpline: 1800 551800

Parents helpline: 1300 301300



**SCHOOL CHAPLIN: ERIN SIMPSON**

### ~ Youth Week Celebrations ~

Last week we celebrated Youth Week at Robina State High School, and what a celebration it was!

On April 3 at lunchtime, the smell of 800 sizzling sausages filled the air, rounding up all students for a FREE BBQ!! We had live music provided by youths from the Christian Family Church, as well as some of Robina High's own home grown student talent, singing some tunes. It was a great chance to hang out and celebrate being young!

Thank you to the RSHS P & C Committee, for supplying all the meat & bread for the BBQ – without your contribution, there would have been no barbeque!

Thanks also to all the 'chefs' who helped us to cook for 800 students – no mean feat by any standards! And last but by no means least, a huge thanks to the band and the students who kept us entertained.



**COMMUNITY LIAISON OFFICER: DI LODDON**

### PEERS – The Agony & The Ecstasy .....

Having a group of friends is one of the most important parts of being an adolescent. It is how teenagers learn to get on in the world of their own age group and to gradually become independent.

It is important for parents to understand the value of peer groups for young people and also remember that peers can be positive influences.

**POSITIVE PEERS** ~ Peer groups can give young people a sense of belonging, which gives them an increased sense of self-confidence. They also provide safe testing grounds for attitudes and values outside their family at a time when young people are trying to define their identity. By and large, peers can be very supportive of each other, but they can also be judgmental and the cause of heartache when conflict or alienation occurs.

**UNWANTED PEER PRESSURE** ~ Whilst the increased influence of peers is a normal part of a young person's development, they can sometimes use some help to resist the pressure to conform that is placed on them.

The following ideas may assist you to help young people resist unwanted peer pressure:

- 1) Talk about peer influence with young people. Be open and frank about the subject – let them know that while much of the influence of their friends is positive, some is not in their best interests.
- 2) Help young people to say no yet still save face and status among their friends. Allow them to blame you for not letting them do something they don't feel comfortable with but can't admit to.
- 3) Encourage them to think through the consequences of their decisions. When young people are put on the spot they should think about the risk factors involved and err on the side of caution. Encourage them to think "Is this behaviour smart? Is it in my best interests?"
- 4) Avoid making your young person reliant on the approval of others, including you, as the basis of their self-esteem. Allow them to feel comfortable holding opinions and views that are different to yours.
- 5) Avoid criticizing your teenager's friends, as he or she may take it personally. Discuss your concerns and talk about behaviours rather than personalities when you discuss their choice of friends.

**Peers and You** ~ Here follows some ideas to help you cope and get along with your young person and his or her peer group:

- Embrace your young person's friends. Make them welcome in your home. Take an interest in them and get to know them.
- Set some house rules regarding what's acceptable in your house, but don't be too heavy-handed, as you want your home to be a welcoming place for young people.
- Provide space and privacy for your teenager and friends in your home.
- Keep some food available and encourage them to make their own snacks and clean up their own mess!
- Be firm about your views in relation to acceptable videos, alcohol use and sexual activities at home.

Adapted from 'Parenting Ideas' by Michael Grose

**INDUSTRY LIAISON OFFICER: ROBYN ALLEN**

**Thank You!**

**Robina State High School gratefully acknowledges the following employers who support our School Based Traineeship/Apprenticeship program.**

**Some of our participating employers are:**

- Australian Training Company
- Chameleon Hair
- Hogs Breath Cafe
- Greencross Vets
- Mantra
- Mark Perks Woodworks
- McDonalds
- Queensland Racing
- Radisson Resort
- Robina Outside School Hours Care
- Sea World Resort
- Sizzler
- Souvlakihut
- The Glades
- Palazzo Versace
- Warner Village Theme Parks

**Details for all positions listed can be provided by Mrs Allen at Student Pathways**

**School based Apprenticeships/Traineeships (SATs)**

Head start to careers through school-based training.

'Believe and Succeed'

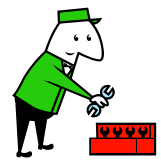
SATs allow students to do paid work for an employer and train towards a recognised qualification while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training, while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.

**Animal Studies – Animal Care Assistant** to undertake Certificate II Animal Studies at a local pet store. Would suit someone interested in obtaining qualifications in Veterinary Science. Must be reliable, keen and available to work on Fridays. (OnQ)



**Automotive (Vehicle Servicing)** Your role will include log services, routine vehicle maintenance, parts enquiries ordering and sourcing. Opportunity for long term employment. Tweed Heads (M)



**Automotive (Vehicle Body Presentation** Southport/Ashmore area (OnQ)

**Business Administration:** Griffith University, Gold Coast Campus x 2 placements available. Basic skills in Microsoft Word and Excel are required. Closes 17/4/09. (SR)

**Certificate II in Outdoor Power Equipment Serviceperson:** You must have knowledge in working with small motors. Located in Varsity Lakes. (OnQ)



**Hospitality:** Hogs Breath Café Mermaid Waters

**Hospitality:** Volare Restaurant located in Labrador (B)

**Hospitality:** x 3 Liaisons Café located in Southport (B)

**Hospitality:** Sizzler Restaurant at Mermaid Beach

**Certificate IV Information Technology (Multi Media)** Year 10 & 11- The company is situated in Varsity Lakes. You need to see Mrs Allen ASAP as this position closes on **Thursday 9<sup>th</sup> April.**

**Tourism:** Movie World - Certificate III Tourism traineeship available in the costume department. Must have an interest in sewing. See Mrs Allen ASAP

**Warehousing:** Year 10 & 11 – A large retailer in Southport is looking for a motivated student to work in the back docking area. (OnQ)

**WORK EXPERIENCE**

**Queensland Police Service** – Year 12's only. 1 - week block in June or July. Application package available from Student Pathways. Closing Date: 1 May, 2009.

**UNIFORM SHOP: JANE DRISCOLL**

Robina State High School P & C Committee would like to thank the following Companies for their sponsorship and support:

Thank  
You!

*Specialised Chicken  
Suave Clothing  
Quality Food &  
Taboon Restaurant  
Homestyle Bakery*

Thank  
You!

The Students of the Robina State High School Futsal Team especially, appreciate the support of these Companies. Thank you!!



The Uniform Shop now has Canon and Brother printer ink cartridges in stock, at prices starting at just \$7.95 each!!

Come in and check if we have a cartridge which is compatible to your printer, at very competitive rates.

**WINTER IS NEARLY HERE!**

The Uniform Shop now has Winter Jackets in stock priced at \$40 and V-neck sweatshirts, priced at \$35 each.

**Special Offer!!!**

*Zip-Neck Jumpers have been reduced to just \$30 each – get in quickly!!*

**COMMUNITY NOTICES:****Vibe Youth Program ~  
Easter Holidays 10 to 19 April 2009**

Get into the Vibe and experience a range of new and exciting activities in Council's Vibe Youth Program. Open to youths (12 to 19 years) a series of free and low cost adventure based activities will be on offer in school holidays, weekends and after school in summer.

We want you to activate your mind, body and soul and programs will include recreation, arts and crafts, music, photography and much more!

If you have any suggestions for activities that you would like to be added to the program or would like to be kept updated on events and activities, email: [vibe@goldcoast.qld.gov.au](mailto:vibe@goldcoast.qld.gov.au) or phone 5581 5233.

The Vibe Youth Program will continue to grow with a larger range of activities to be offered in following programs.

**STAND UP PADDLE BOARD**

This exhilarating activity is taking the world by storm. stand up paddle and will be well on to your way to learning new techniques for paddling and turning.

**WHEN** Monday 13 & Friday 17 April

**TIME** 10am to 12noon **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[jmitcho81@hotmail.com](mailto:jmitcho81@hotmail.com)

**WHERE** Palm Beach, Palm Beach Parklands, Gold Coast Highway Map 70R3, meet in car park

**KAYAKING**

Immerse yourself in the tranquillity of paddling around Wavebreak Island whilst experience the coloured sub-tropical fish on this amazing morning tour. At the Island with a GPS receiver you will find a hidden box of treasure through geocaching.

**WHEN** Monday 13

**TIME** 9am to 12noon **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[info@vertecadventure.com.au](mailto:info@vertecadventure.com.au)

**WHERE** Labrador Broadwater boat ramp near Harley Park Marine Parade Map 19 E20

**MOUNTAIN BIKE ADVENTURE**

Jump on a mountain bike and cruise around the Coombabah Lake Conservation Park. Bikes, helmets and drinking water supplied.

**WHEN** Sunday 19

**TIME** 9am to 10.30am **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[info@vertecadventure.com.au](mailto:info@vertecadventure.com.au)

**WHERE** Coombabah Lake Conservation Park, Shelter Road, come from Rain Tree Glen Map 18 H10

Do you have any queries or comments about our Newsletter? If you do, please email them to Lynne Bateson at: [lbate35@eq.edu.au](mailto:lbate35@eq.edu.au) Thank you.



**Enjoy the Easter Holidays  
and we'll see you back in school  
on Tuesday, 21 April.**