



# Robina

## State High School

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Queensland  
Government  
Education Queensland

## Weekly Newsletter

### WEEKLY FOCUS:

*'Be Responsible for Your Actions'*

The date for the next **P & C Meeting** is Tuesday, 12 May at 6pm. The meeting will take place in the Common Room. All are welcome – please enter through the front door of the Parent Centre.

### C-R-O-S-S C-O-U-N-T-R-Y



When: Wednesday, May 6  
Where: Pizzey Park Athletics  
Time: 10 am to 12 noon  
Transport: Bus  
Cost: Nil for interschool sport students,  
\$6 for non-interschool students

All interested sport teams are required to participate in the Cross Country.

All non-interested sport students are invited to participate – permission form required. Speak to Mr Purnell for further details.

### RSA Course Reminder ~

Students participating in the Mackintosh College 'RSA' course at school next Wednesday (8 April) **MUST** pay for the course by this Friday at the latest. All money is to be paid directly to Mackintosh College on Investigator Drive, NOT to the school. Thank you!

### Don't Forget .....

The Easter Holidays are coming up! School will be closed on Friday, 10 April until Tuesday, 21 April (Monday 20, April is a Student Free Day).



**YEAR 8 YEAR LEADER: KIRSTEN LAMONT**

In Year 8 English at the moment, Students are working on a 'Myths & Legends' Unit. Students have presented their legends and are now focusing on creating a visual to support their play scripts.

Students have been enthusiastic about their learning, and when asked about what they have learnt, responses included:

- I have learnt how much the tradition of storytelling has changed over time – Laura
- I have learnt about the richness of the tradition of storytelling – Thomas
- I have learnt how important acceptance of cultural difference is – Alana

### KEEP UP THIS WONDERFUL EFFORT, YEAR 8!

**DEPUTY PRINCIPAL YEARS 8 & 9:  
JENNY TOBIN**

**Outward Bound Australia** have a program designed to challenge and inspire young leaders, taking place from Sunday, 28 June to Saturday, 4 July at Toonumbar National Park, Tharwa, ACT.

The program covers issues such as communication, leadership styles and leadership self awareness. Learning is attained through experiences including high ropes course, bush navigation, camping, etc.

If you are between 15 & 18 years old and would like further details, tel: 02 6235 5755 or visit: [www.outwardbound.org.au](http://www.outwardbound.org.au)

APPLICATIONS CLOSE ON FRIDAY 3 APRIL, 2009. For an application form visit [www.outwardbound.org.au](http://www.outwardbound.org.au)

**Outward Bound Australia** are also running an Outward Bound Foundations Program, aimed at Year 9

students. This 7 – 9 day journey based experience is designed to be “A significant shared experience that enables participants to understand that they direct their future, through their self-beliefs, choices and actions”.

If you are 14 – 15 years old and would like further details, tel: 02 6235 5755 or visit:

[www.outwardbound.org.au](http://www.outwardbound.org.au)

*For both these camps, the student applies as an individual (i.e. not via the school) and must deal with Outward Bound Australia directly.*



#### **STUDENT PATHWAYS DIRECTOR: JEANETTE MCDONALD**

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#### **QCS FIRST WORKSHOP AND PRACTICE**

On Thursday 9 April, all Year 12 OP eligible and those Non-OP students who have nominated, will participate in the first QCS workshop and practice session. It runs from 8.00am until about 1.30pm.

#### **Non-QCS students attend classes as usual.**

Results will be returned to students next term via their English class.

#### **COMMUNITY LIAISON OFFICER: DI LODDON**

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### **~ I N T E R N E T ~**

**Teenagers today use the Internet like the telephone of yesteryear. Kids use it for entertainment, education and communication – and not necessarily in that order.**

In some ways chat rooms are like milk bars and hamburger places of the past where young people could spend time without adult interference. The Net itself is not to be feared but it can become a distorted reality if your young person spends all their waking hours online. The much-publicised risk of predators is small compared with excessive use and the consequent isolation it can lead to.

#### **What's the Attraction?**

The Internet has a myriad of attractions to young people. It is instantaneous, highly-interactive and immensely private, which are highly prized attributes for most young people. It gives them access to their mates, music and media without leaving home. It has

addictive qualities we know, but that doesn't mean that a young person should become a Net addict.

#### **How Should Parents React?**

TREAT .COM RELATIONSHIPS AND ACTIVITIES LIKE ANY OTHER.

Mocking young people's cyber friends and cyber activities can only drive them further into the cyber world of rebellion and further away from the real world.

If the cyber world is the real world for your young person, as he shuns most other activities as well as people, it may be time to take some action or even get some help. Involve yourself in their cyber activities, much as you would any other type of activity. Take the time to find out what they are doing and what they get from the activities.

Negotiate online time allocations and share time online with other interested siblings. Locate the computer connected to the Internet in a public place at home, so that you are accessible and also, to enable sharing to occur. Ask your young person what a reasonable amount of time may be online. If they violate that limit then ask them if they have a problem. Let them think it over for a time. Perhaps you can bargain real time activities in exchange for time online.

Offer offline alternatives to entertainment, education and communication. Remind them that there are offline alternatives, even if they don't use them all the time.

#### **Keep in mind .....**

- 1) Be mindful of your connection with your young person - encourage him or her to talk about their 'online life'.
- 2) The Internet offers many opportunities for young people to connect with each other, that wouldn't ordinarily happen, so it is a very positive thing. However, it is healthy to maintain a balance between online and offline activities and relationships.
- 3) Keep an eye on your child's Net life. Without being too pushy, try to ascertain what they use the Net for and set some limits for its use, much as you would for the use of the television.

Taken from 'Parenting Ideas' by Michael Grose.

#### **INDUSTRY LIAISON OFFICER: ROBYN ALLEN**

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**Details for all positions listed  
can be provided by Mrs Allen at  
Student Pathways**

#### **School based Apprenticeships/Traineeships (SATS)**

**Head start to careers through school-based training**

SATs allow students to do paid work for an employer and train towards a recognised qualification while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training, while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.



**Certificate II Racing (Stablehand)** Old Racing are having an information session on Thursday April 2 at the Gold Coast Turf Club 5.30pm-7.00pm. for

students interested in obtaining a school based traineeship. You must have a passion for horses and available for early morning starts. Come along and try out the mechanical horse. Register your attendance with Mrs Allen, Student Pathways

**Animal Studies** – Animal Care Assistant to undertake Certificate II Animal Studies at a local pet store. Would suit someone interested in obtaining qualifications in Veterinary Science. Must be reliable, keen and available to work on Fridays. (OnQ)

**Automotive (Vehicle Servicing)** Your role will include log services, routine vehicle maintenance, parts enquiries ordering and sourcing. Opportunity for long term employment. Tweed Heads (M)

**Automotive (Vehicle Body Presentation)** Southport/Ashmore area (OnQ)

**Business Administration** (16 yrs or over) Real Estate in Robina

**Business Administration:** Griffith University, Gold Coast Campus x 2 placements available. Basic skills in Microsoft Word and Excel are required. Closes 17/4/09. (SR)

**Hairdressing:** Certificate II Salon Assistant in Carrara

**Hospitality:** Hogs Breath Café Mermaid Waters

**Hospitality:** Sizzler Restaurant at Mermaid Beach

**Warehousing:** Year 10 & 11 – A large retailer in Southport is looking for a motivated student to work in the back docking area. (OnQ)

**Warehousing:** Year 10 & 11 - Reece plumbing stores , various locations (B)

## WORK EXPERIENCE

**Queensland Police Service** – Year 12's only. 1 - week block in June or July. Application package available from Student Pathways.

**Closing Date: 1 May, 2009.**

## CASUAL POSITIONS

New Zealand Natural ice creamery have 3 junior positions available at their Robina store which is opening this week. Must be able to work Thursday nights and weekends. Email your resume to [bgrady@nzn.com.au](mailto:bgrady@nzn.com.au)

### STUDENT PATHWAYS OFFICE: LYNNE BATESON

Once again, **Bond University** are hosting their '**Grade 11 Headstart Day**'. This event will take place on Monday, 20 April, which is a **pupil free day**. The day runs from 8.15am – 3.00pm.

This event is free to attend and you will be provided with morning tea and lunch, also free of charge. The day enables students to view the campus and attend presentations on a wide range of subjects – from Law and Media to Forensic Science and Marketing.

Come and see me to register your interest and to view all the presentations on offer. Remember - places are limited so act quickly!!

**It's 'STUDENT FOR A SEMESTER' time at Bond University again!**



This program provides a great opportunity for students in Years 11 and 12 to view university life and potentially use their subject credit towards future tertiary studies.

Students are required to attend one lecture and one tutorial every week, and complete assessment tasks throughout the semester. **Tuition costs are \$210 per student, per semester.**

**APPLICATIONS ARE BEING ACCEPTED NOW** – timetables and application forms are available online at: [www.bond.edu.au/events](http://www.bond.edu.au/events)

Come and speak to me in Student Pathways for further details, if you are considering applying.

**Earn money whilst you study for your degree, and get your tuition fees and medical fees paid for at the same time!!**

**The Australian Defence Force Academy (ADFA) are holding an Information Session on Tuesday, 7 April at the ANZAC Room, Twin Towns commencing at 7pm. If you are interested in a career in the defence forces, why not go along to find out more.**

### COMMUNITY NOTICES:

#### **Vibe Youth Program ~ Easter Holidays 10 to 19 April 2009**

Get into the Vibe and experience a range of new and exciting activities in Council's Vibe Youth Program. Open to youths (12 to 19 years) a series of free and low cost adventure based activities will be on offer in school holidays, weekends and after school in summer.



We want you to activate your mind, body and soul and programs will include recreation, arts and crafts, music, photography and much more!

If you have any suggestions for activities that you would like to be added to the program or would like to be kept updated on events and activities email [vibe@goldcoast.qld.gov.au](mailto:vibe@goldcoast.qld.gov.au) or phone 5581 5233. The Vibe Youth Program will continue to grow with a larger range of activities to be offered in following programs.

### **STAND UP PADDLE BOARD**

This exhilarating activity is taking the world by storm. By the end of this workshop you will know how to stand up paddle and will be well on to your way to learning new techniques for paddling and turning.

**WHEN** Monday 13 & Friday 17 April

**TIME** 10am to 12noon **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[jmitcho81@hotmail.com](mailto:jmitcho81@hotmail.com)

**WHERE** Palm Beach, Palm Beach Parklands, Gold Coast Highway Map 70R3, meet in car park

### **KAYAKING**

Immerse yourself in the tranquillity of paddling around Wavebreak Island whilst experience the coloured sub-tropical fish on this amazing morning tour. At the Island with a GPS receiver you will find a hidden box of treasure through geocaching.

**WHEN** Monday 13

**TIME** 9am to 12noon **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[info@vertecadventure.com.au](mailto:info@vertecadventure.com.au)

**WHERE** Labrador Broadwater boat ramp near Harley Park Marine Parade Map 19 E20

### **MOUNTAIN BIKE ADVENTURE**

Jump on a mountain bike and cruise around the Coombabah Lake Conservation Park. Bikes, helmets and drinking water supplied.

**WHEN** Sunday 19

**TIME** 9am to 10.30am **COST** \$10 per person

**BOOKINGS REQUIRED** email:

[info@vertecadventure.com.au](mailto:info@vertecadventure.com.au)

**WHERE** Coombabah Lake Conservation Park, Shelter Road, come from Rain Tree Glen Map 18 H10

**Parents may be interested in the following programs/courses etc. which are available:**

#### **Parent Helpline**

Triple P Trained Counsellors

Where: At the end of a phone - call 1300 301300

When: 8.00am - 10.00pm, 7 days

#### **Centacare**

**PACE ( Parenting Adolescents a Creative Experience)**

When: Starts Tues 21 April, 6.00- 9.00 pm

Where: Headspace, 2/126 Scarborough St Southport

Cost: Free

Bookings: Phone 55277211

#### **Fathering After Separation (course for men)**

When: Wed 22 April, 5.45 - 7.45 pm for 6 weeks

Where: Centacare, 50/207 Currumburra Rd Ashmore

Cost: \$10 registration , then \$5 each week

#### **Family Mediations**

Personalised family mediation also available by appointment, including on Monday evenings.

Where: Centacare, 50 Fairways Drive, Clear Island Waters

Cost: \$35 or by arrangement if money is an issue.

Bookings: 5527 7211

#### **Palm Beach Neighbourhood Centre**

Triple P Teen Parenting Program

When: Tues 12 May 12.30-2.30 pm- for 4 weeks

Where: Palm Beach Neighbourhood Centre, 16 Third Ave Palm Beach

Cost:\$50 includes workbook (value \$40)

Bookings: 5598 1505

#### **Nerang Neighbourhood Centre**

The Edge - Lifeline Parenting Program fo parents of 13-15 year olds

When: Thurs 30 April , 4.00-4.45pm

Where: Nerang Neighbourhood Centre 29 martin St Nerang

Cost: Free

Bookings: 5579 6000

#### **Parents Who are Separated**

When: Evening, Tues 7 April, 5.30-8.00pm- 6 weeks  
Day, Wed 8 April, 12.30- 3.00pm- 6 weeks

Where: Nerang Neighbourhood Centre 29 martin St Nerang

Cost: Free

Bookings: 5578 2457

#### **Reconnect (Mission Australia)**

Family Mediations - Personalised family mediation available by appointment.

Where: 9 Lavelle St Nerang

Cost: Free

Bookings: 5500 4211

A parent of a Year 8 and Year 11 student at the school living in the Tweed area, has asked if any parent living in or near Tweed would consider car pooling? Please contact Lynne at the school on 5562 3448, if you are interested.

Do you have any queries or comments about our Newsletter? If you do, please email them to Lynne Bateson at: [lbate35@eq.edu.au](mailto:lbate35@eq.edu.au) Thank you!