



Robina State High School

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5 March, 2009 - Volume 6



Weekly Newsletter

WEEKLY FOCUS: *'Follow All Directions'*

The date for the next **P & C Meeting** is Tuesday, 10 March at 6pm in the Common Room. All are welcome – please enter through the front door of the Parent Centre.

For any students in Years 10 – 12 who are interested in a career in the **Defence Forces**, the school is hosting a 'Careers Presentation' in the Library on Monday, 9 March.

At the presentation (during Period 6 going into lunch time), there will be a short film followed by a questions and answers session.

Students who are interested must see Lynne Bateson in the Student Pathways Office, to register their attendance.



EUROPE TRIP 2009: SARAH JOHNSTON

All students who are interested in the European trip departing in September, and/or attended the parent's information meeting in school recently, need to return their permission forms and information forms (given out in rolls during PROMOTE this week), A.S.A.P.

Even if you have decided not to participate in the trip, please return your forms to us anyway, so that we may gauge final numbers.

Monday, 9 March is the final day to pay your deposit. Please pay at the BELS Office.

DEPUTY PRINCIPAL YEARS 8 & 9: MEGAN TYNE

UNIFORM CODE:

Our Uniform Code is prepared in accordance with the requirements of the Education (General Provisions) Act 2006, Chapter 12, Part 10 (Good Order and Management).

It is consistent with Departmental Guidelines including affordability, security, safety and community expectation issues. It is developed by the Principal in consultation with parents, staff and students. It provides for standards which are expected in relation to clothing, including headwear and footwear, as well as other aspects of personal presentation of the student.

STUDENT APPEARANCE:

Like it or not, human nature is such that people make judgments based upon appearance. It is an issue for one's reputation which can be so easily attended to or, equally, be so poorly attended to. It is an issue we attend to on important occasions such as job interviews, weddings or funerals. Further, we attend to these issues in a routine way in the workplace. Attending school is no less an important and routine occasion. Consequently, students are expected to be fresh, neat, tidy and modest in their appearance each and every day.

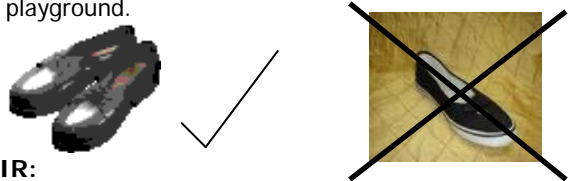
Students are expected to wear full school uniform to school and to school functions. Their overall appearance is expected to be in accordance with this code.

To continue in this fashion, I would like to draw your attention to the shoes and hair sections of the Uniform Code.

SHOES:

Black leather, enclosed (toe, sides, upper and heel with a tongue) shoes should be worn with the day and sport uniform. They may be of a formal or sports style. Laces, included, are to be black. Skate-type shoes are not acceptable for HPE activities.

Black leather, enclosed shoes should be worn at all times - this is in accordance with our school policy. Ballet-type shoes and canvas shoes do not provide sufficient protection when students are participating in learning experiences or in the playground.



HAIR:



Hair that is cut and styled in a fashion that is suitable for the workplace contributes to the expectation that 'students are expected to be fresh, neat, tidy and modest in their appearance, each and every day.' **Hair colour is to be of natural tones.**



Thank you to all parents who have attended to the uniform code this year; the majority of our students are wearing our uniform with pride each day.

Please support us in all aspects of the uniform code to ensure that all students wear their uniform proudly each day.

**STUDENT PATHWAYS DIRECTOR:
JEANETTE MCDONALD**

Important UQ Dates to Be Aware Of:

| | |
|--------------------|--|
| 6 – 17 Apr | Holiday campus tours (daily) UQ Student Centre, St Lucia campus |
| 8 – 9 May | Brisbane Careers and Employment Expo (10am – 4pm) Brisbane Convention & Exhibition Centre, Merivale St, South Brisbane |
| 13 May | Mid-Year Information Evening (6pm – 7:30pm) UQ Centre, Union Road, St Lucia |
| 10 Jun | UQ Information Evening for Parents and Prospective Students (5pm – 7:30pm) UQ Centre, Union Road, St Lucia |
| 29 Jun – 7 Jul | Holiday campus tours (daily) UQ Student Centre, St Lucia campus |
| 18 -19 July | TSXPO (10am – 4pm) RNA Showgrounds, Gregory Terrace, Fortitude Valley |
| 2 Aug | UQ Open Days St Lucia campus (9am – 3pm) |
| 19 Aug | Ipswich campus (3:30pm – 7:30pm) |
| 23 Aug | Gatton campus (9:30am – 3pm) |
| 21 Sep – 9 Oct | Holiday campus tours (daily) UQ Student Centre, St Lucia campus |
| 21 Dec | UQ Options Evening (4:30pm – 7pm) UQ Centre, Union Rd, St Lucia |

For more information contact UQ Student Recruitment -
Phone: (07) 3346 9649
Email: student.recruitment@uq.edu.au
Web: www.uq.edu.au/guidance

NEXT STEP 2009 - DESTINATION SURVEY

Every March – May, students who completed Year 12 in the previous year are asked to participate in a brief confidential survey about their destination- what they are doing NOW, where and in what area. The information is used in planning, funding and budgets state wide. Our 2008 Year 12 students can expect a call soon and we appreciate their participation. Visit: www.education.qld.gov.au/nextstep

GUIDANCE OFFICER: JODIE DEKENS

Today we continue the series on bullying with a look at how boys and girls typically engage in different forms of bullying behaviour.

It is now surprising that much of the early research, even up until the early 1990's, focussed on boys as bullies. The image of a bigger boy 'standing over' and inflicting either physical or psychological pain on a less robust, smaller, victim is usually the most often associated with bullying. Bullying by boys is usually quite direct and identifiable, while girls who act as bullies are much more subtle and indirect in their behaviours. Let's consider a couple of examples:

1) Tom is in year 9. About halfway through last year, Corey started giving him a hard time. Since then, things have got progressively worse. Tom has been constantly teased, shoved, bumped and had his hat taken often to the jeers and laughs of a group of boys who used to be his mates. Sometimes the others even join Corey in hitting and pushing Tom as well. Tom doesn't want to tell anyone because he believes things will get worse, so he tries to hide away in the library to avoid the playground or 'fake' that he's sick so Mum lets him stay home.

2) Beth is in year 8. There are 14 girls in her class and she used to be part of the 'in' group of four until three weeks ago. Cassie has always decided who is in and who is out, and now Beth's former friends move away when she approaches, ignore her when she speaks ("can you hear something? a dog barking", they say"), exclude her from games and whisper and gesture at her. She is even finding anonymous nasty notes in her bag and desk.

Beth notices that most of the other ten girls just wait each day to see if they are lucky enough to be included. If one girl does get 'in', she happily drops yesterday's friends for the much greater prize. Beth has tried begging to be included – she has even ganged up on another girl just to belong to the 'in' group, even for a short while.

Boys use language quite literally and directly to command, threaten, or boast. As girls are socialized to avoid rough-style physical attacks, they tend to use language (and other non-verbal communications) to maintain, destroy and control relationships in indirect ways. With their more developed levels of social and verbal intelligence, girls are more likely to use 'sharp tongues' rather than fists.

Much of this can be related to the distinct friendship patterns that girls establish. These patterns are based on shifting alliances of two (dyads). Rational forms of aggression (exclusion, ignoring, rumour-spreading and exposure of secrets), are used to jealously guard these alliances and to maintain an individual's status and perceived popularity. The 'nice-but-nasty' behaviours regulate what girls wear, the types and quantities of food they eat and with whom they associate. Gilligan and Brown (*Meeting at the Crossroads*) call it 'the tyranny of kind and nice'. They try to set up situations where they can avoid blame for any nasty stuff. Gilligan and Brown suggest that, at a point in their development, girls dread exclusion so much that they will do anything to be accepted.

According to some experts, many girls believe such behaviour is acceptable and normal, often reinforced by adults who dismiss it as part of growing up. Remember, we are discussing typical behaviours. Not all girls and boys behave as described and some girls will be overtly aggressive, just as some boys will engage in relational aggression normally associated with girls' bullying.

Next week, we will explore some ideas for solutions.

COMMUNITY LIAISON OFFICER: DI LODDON

Spray for a Cure ~

On Thursday, 12 March at 1.00 pm, the Student Council will be holding 'Spray for a Cure' to support the Leukaemia Foundation. The Funds will help to support one of our teachers, who has experienced Leukaemia through one of his children in the last six months. Please support our Spray for A Cure.

We also have several teachers who are willing to Shave for A Cure – Mr Wood, Year 12 Co-Ordinator, will shave his head if he gets enough money to support the Fund Raiser. We have the support of 'Heads' Hairdresser's in Robina Town Centre, to shave the teachers' hair.

HELP YOUR YOUNG PERSON TO STUDY SMARTLY:

Many young people don't know how to study efficiently and effectively. By knowing how to study students maximize their time, improve their learning and also reduce stress. Research indicates that successful students follow smart study habits to maximize their effectiveness.

Here are 8 smart study habits you can help your secondary school student develop at home.

- 1 **Listen** carefully when assignments are given at school. Your student should be aware of what each assignment requires and what teachers expect. Careful listening is an often neglected study skill.
- 2 **Study at a suitable time.** Students need to set aside regular times within their most productive hours.
- 3 **Choose a Study area free** from distractions. Studying smart requires concentration so encourage your students to eliminate distractions such as telephones, MP3 Players, televisions and loud music.
- 4 **Review** the day's work. This enables a student to recall what was done and plan ahead.
- 5 **Allot time** for each task. Set aside short periods for study that requires your young person to concentrate better and reduce the chance of boredom.
- 6 **Complete one assignment** or task at a time. It helps sometimes if a student completes easier tasks first. This prevents the feeling of being overwhelmed with work.
- 7 **Take** regular short breaks to renew energy. The habit of taking a break helps productivity, but a break should last no more than five minutes.
- 8 **Review completed work** periodically. Look over the work you have done to check to errors and omissions.
- 9 **Review each subject** periodically so that you can stay on top of concepts taught. Allocate a subject a day to review for five or ten minutes.
- 10 **Ask** for help if needed. Successful students have a habit of using the help and assistance that teachers and other adults offer

Encourage these smart study skills to become habits rather than activities that young people do once in a while. It is their consistency that makes them such a potent force for young adults.

Do you have some free time every Friday? If so, our Tuck Shop is looking for volunteers. If you feel you are able to help out, please contact Di Loddon at the school on: 5562 3404. Thank you!

BELS OFFICE:

SALLY BULLPITT & CHERIE FAJZULLIN



MAKING PAYMENTS IN PERSON ~

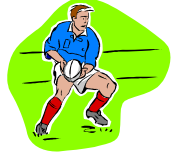
If you are a Parent or Guardian, coming into the school to make a payment for a student (or for any other issues), **please ensure you go directly to the Parent Centre.** The BELS Room is not located in the Administration Block and is for students to make payments only. Thank you!

INTERSCHOOL SPORTS PAYMENTS:

For those students successful in gaining a place in a Robina High Interschool Sports Team, payments can now be made to the BELS Office (students only) or to the Parent Centre (parents only).

The majority of interschool sports are \$65, but some (listed below) may only be \$35. The difference in price is due to the amount of 'away' games each individual team is required to play. The \$35 sport teams are as follows:

- Rugby League - 13's
- Rugby League - 14's
- Volleyball - All Teams



Please remember that in order to participate in the chosen sport AND to loan a Robina High sports jersey, payment must be made in full. All loaned sports jerseys remain the property of Robina High and must be returned (washed) to the BELS Office at the end of Semester 1, 2009. Failure to return a loaned jersey by the due date will result in refusal of entry into a paid sport in Terms 3 and/or 4 and an invoice being issued to replace the jersey.

YOUTH HEALTH NURSE:

HELEN DREDGE

Expanded Horizons

Questioning your sexuality as so many people do? Check this out!.....

If you are a young person exploring or questioning your sexuality or identifying as a lesbian, gay, or bisexual and wanting to access a place where you can be yourself and not be judged, come to a "Drop In" @ Southport Community Centre, Lawson St. Sessions are held every second and fourth Thursday afternoon of the month 4 pm - 6 pm. Upcoming dates 12 March, 26 March and 9 April.

Why not check out the following website: MySpace@www.myspace.com/expanded_horizons or Facebook search for Expanded Horizons. You can also text/call 0419 750 607 for advice, or drop in and see me here at the School (every day except Wednesdays), located in GS 105.

School Vaccinations Reminder

By now all Year 8 & 10 students should have received their consent forms required for vaccinations on 24 March. It is important that these forms are read and the consent form signed and **returned to the Gold Coast City Council** in the reply paid envelope.

All girls in Year 8 can receive the vaccine that helps prevent cervical cancer – injections will be given over three scheduled visits, as this vaccine requires three doses to be fully effective. The Year 8 girls will have 2 vaccines, administered on each visit providing consent is given. All Year 8 students will have hepatitis B vaccination, which requires two scheduled vaccinations and one vaccination for chicken pox. Dates again – 24/03/09, 19/05/09 & 29/10/09.

Year 10 students will have DTPa. (diphtheria, tetanus, pertussis - safely given in the one vaccine) scheduled for 19 May. If this is missed, catch up is on the 29 October.

If you have any queries, please ring the council's immunisation service on: 5581 6709 or visit www.goldcoast.qld.gov.au/immunisation

Please be aware there is a limited time available for young women to access the free vaccine that helps prevent cervical cancer. This is only available until the end of June this year, so if you know a young woman aged between 12 - 26 years who hasn't had this vaccine please let them know and have them contact their GP or the GCCC directly.

INDUSTRY LIAISON OFFICER: ROBYN ALLEN

School based Apprenticeships/Traineeships (SATs) - Head start to careers through school-based training

SATs allow students to do paid work for an employer and train towards a recognised qualification while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Students wishing to undertake a SAT need to demonstrate the responsibility and commitment to balance work and training while completing Years 10, 11 or 12. SATs can contribute 4, 6 or even 8 points towards a Queensland Certificate of Education.



Glades Golf & Spa

The Glades Golf Club are offering students of Robina SHS the opportunity

to undertake school based traineeships/apprenticeships in the following areas:

2 x Certificate 3 Hospitality

Certificate 3 Tourism

Certificate 3 Greenkeeping (Apprenticeship)

Warner Brothers Theme Parks

Certificate III Tourism

Warner Brothers Theme Parks have an information evening at Sea World on **Tuesday 10 March** at 6.00pm in the Paradise Room for students interested in applying for the above school based traineeships. Register your attendance by calling 5588 2277.



College of Surfing

Certificate III in Outdoor Recreation (Multiple Activities – Surfing Instructor, Surfing Guide & snorkeling/scuba) Coolangatta and Broadbeach. Prerequisite is a current First Aid Certificate.

Automotive (Vehicle Body Presentation)

Southport/Ashmore area (OnQ)

Cert III Children's Services: Located in Elanora. (Year 11) Must be 17 years of age and available to work afternoons and school holidays. Closes 18th March (S)

Business Administration: Registered Training Organisation at Robina (OnQ)

Business Administration: Griffith University, Gold Coast Campus x 2 placements available. Basic skills in Microsoft Word and Excel are required. Closes 31/3/09. (SR)

Business Administration: Located in Burleigh (OnQ)

Business Administration: Located at Yatala (OnQ)

Chef (Commercial Cookery) located in Burleigh (OnQ)

Dental Assistant x 2- Varsity Lakes

Student with a genuine interest in the dental industry (M) Closes Friday, 6 March.

Engineering Production: Specialising in air conditioning and refrigeration in Ashmore (M)

Hairdressing: (Year 11 & 12) Stefan Salons – Information sessions being held on Thursday and Fridays until Mid March.

Hospitality: Hogs Breath Café Mermaid Waters

Hospitality: Sizzler Restaurant at Mermaid Beach

Hospitality: (Year 10 & 11) Café/catering business in Burleigh (S)

Hospitality: x 4 at Spendelove Bistro and Bar located in Southport (M) Closing 13th March

INFORMATION TECHNOLOGY: Cert IV Information Technology – Multimedia: Applicants need to be good communicators and possess a strong desire to learn Information Technology – Multimedia. (Year 10 & 11) (ATC)

Multi Media- Certificate III Multi Media

Year 12 – must have an interest in Multi media web design, Varsity Lakes (B)

Retail: Southport area, mens/women clothing, surfwear and Manchester (OnQ)

Retail: Sports Stores located in Robina and Burleigh (OnQ)

Retail: Burleigh Heads (OnQ)

Warehousing: for a large retailer in Southport (OnQ)

Warehousing: Year 10 & 11 - Reece plumbing stores , various locations (B)

WORK EXPERIENCE

Queensland Police Service – Year 12's only. 1 - week block in June or July. Application package available from Student Pathways. Closing Date: 1 May, 2009.

Women In Construction – Try'a Trade®

Construction Skills Qld will be holding a Women In Construction Try'a Trade® day, where women looking to get a start in the building & construction industry can get hands on experience and expert advice in an exciting and rewarding industry.

Where: Skillstech Australia, 247 Bradman St, Acacia Ridge and Friday, 13 March 9.00am – 12.30pm.

Students are advised to wear sports uniform and closed-in shoes. For more information, contact Sharon Smith from Construction Skills Queensland on: 0438 880275, or visit: sharons@csq.org.au

UNIFORM SHOP:

ANGELA CORIC

The new fabric **SPORTS SHORTS** have now arrived in the Uniform Shop, priced at \$30 per pair, and new fabric **SPORTS SHIRTS** will be available from late next week at a cost of \$35 each.

Do you have any queries or comments about our Newsletter? If you do, please email them to Lynne Bateson at: lbate35@eg.edu.au Thank you!